

After a life-changing encounter with the Holy Spirit in 1997, Ann Allen Salter has been passionate about King Jesus and His Kingdom. She teaches Biblical truths that are simple and plain, yet powerful and practical. In 2017 the Holy Spirit downloaded a discipleship tool called ‘Spiritual Bootcamp & More’ © which is being used in a growing number of cities, states, and countries (spiritualbootcampandmore.com).

Ann Allen is married to Rusty, and has two grown sons and a daughter-in-law, Will, Taylor, and Bayly. She is fully retired now after practicing veterinary medicine for forty years. She uses lots of pet parables in her practical, powerful, yet fun teachings.

One of her favorite phrases is, “We’ve been studying the Bible long enough, *it’s time to do the Bible!*” Ann Allen is always excited to share any of the teachings covered on the Bootcamp website. The most requested teaching is a brief overview of Bootcamp. It includes a simple hand-drill which will help you “Do the Bible” and forever change the way you see your right hand! “He trains our hands for battle” (Psalm 18:34).



BOOTCAMP HAND DRILL #1: Right Hand

- 1) WHO YOU ARE** ----->“CHILD of the KING” (Jn 1:12)
(Your identity) “A KINGDOM & PRIEST” (Rev 1:6)
(thumb)
- 2) WHERE YOU ARE** ----->HEAVENLY REALMS (Eph. 2:6)
(Index finger)
- 3) WHAT YOU HAVE** ----->AUTHORITY (Lk 10:19)
(latter finger) & POWER (Acts 1:8)
- 4) & 5) WHAT YOU DO** ----->“**HE MUST INCREASE**” (Jn 3:30);
(ring & pinky) **I must decrease.”** (Jn 3:30)
“Do whatever He says!”
(Jn 2:5=Life Assignment Verse)

Galatians 2:20
“I have been crucified
with Christ...”

Theme verse for Bootcamp:
Psalm 18:34
“He trains my hands
for battle.”

RIGHT

spiritualbootcampandmore.com

SPRITUALBOOTCAMPANDMORE.COM COLLEGE

