

WELCOME TO SPIRITUAL BOOTCAMP & MORE! What to Expect & Practical Tips

To say we are excited that you are with us for this Bootcamp adventure is an understatement. You are not here by accident. The Holy Spirit has a very specific work to do in and through each one of us during our time together. His purposes will be accomplished to the degree that each of us submit to His plans. Bootcamps by nature are not for the faint of heart; they are not meant to be an easy walk in the park. One definition of bootcamp is a program that helps people become much better at doing something in a short period of time. The Holy Spirit will be the personal trainer for each of us. Through each lesson, the Holy Spirit will show you through the Word specific areas in your life that may need some "faith muscle building," or maybe just some toning up for the seasons ahead. He will also reveal to you or remind you of specific schemes the enemy is using against you and your family, to steal, kill, and destroy abundant life. Equally important will be the divine connections formed. This bootcamp will be life changing and it will require that you not only pray, but have the resolve of the Holy Spirit to attend and obey His leadings. If a few months of bootcamp in the natural can have dramatic and life-changing effects on people, can you even imagine what can happen to each of us with the supernatural power of the Holy Spirit at work!

Your Bootcamp supply list consists of three things: 1) A paper Bible—a more literal translation such as ESV, NAS, NET, NIV, NKJV, etc., vs. *The Message, The Passion Translation, The Living Bible*, etc., 2) *Spiritual Bootcamp & More*© training manual, and 3) Spiral-bound index cards. Your assignment each lesson consists of questions, fill-in-the-blanks, and practical tips taken from the materials provided for that lesson. Your main assignment is to dig deeper into Jesus through the Word, prayer, and praise and then "do whatever He tells you" (John 2:5). Now that's a simple, not just daily, but a *life assignment verse!* Bootcamp is both corporate and individual. You will get out of it what you put into it. There can be explosive growth or little growth. **It is your choice.**

It is an honor and privilege to be your "Bootcamp Coach(es)." Know that you are being prayed for by name daily. Please join us in praying the scriptures on the enclosed prayer plan (p.4) as He prompts. Thanks so much for going all in on this faith building journey to train and equip you more in a time such as this. .

For The Kingdom,

Your Bootcamp Coaches

Theme verse— "He trains my hands for battle" (Psalm 18:34).

*Please watch Lesson 1 video and testimonies on the website: spiritualbootcampandmore.com

SPIRITUAL BOOTCAMP & MORE LESSONS

RIGHT HAND:

Lesson 1— Welcome: What to Expect/Brief Overview of Hand Drill #1/
(pp. 1-6) Prayer Plan/Survey and Survey Notes

Lesson 2— **Who You Are** (thumb): Your true identity vs. “spiritual identity theft”
(pp. 7-13)

Lesson 3— **Where You Are** (pointer finger): Kingdom of God vs. kingdom of this world
(pp. 14-22)

Lesson 4— **What You Have** (tallest finger): Authority & Power!
(pp. 23-28)

Lesson 5— **What You Do: He must Increase** (ring finger)= John 3:30a
(pp. 29-34)

Lesson 6— **i must decrease** (pinky)= John 3:30b
(pp. 35-40)

LEFT HAND:

Lesson 7— **The Enemy’s Left hand:** Who He Is and How to Resist Him
(pp. 41-49)

Lesson 8— CAUTION: **SIN & IGNORANCE**
(pp. 50-55)

Lesson 9— CAUTION: Do Not Love The World or the **THINGS** In the World.
(pp. 56-59)

Lesson 10— CAUTION: **PEOPLE & PLACES**
(pp. 60-67)

Lesson 11— CAUTION: Your **PAST** (Breaking Generational Curses)
(pp. 68-74)

Lesson 12— **The Final Conclusion:** Will You Stay in the **RIGHT** Camp?
(pp. 75-78)

There are videos to accompany each lesson found on the website:
spiritualbootcampandmore.com

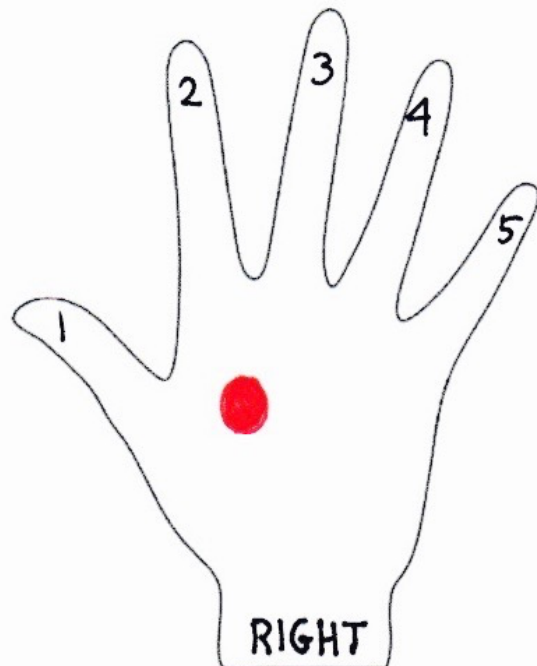
BOOTCAMP HAND DRILL #1: Right Hand

- 1) **WHO YOU ARE** ————>“CHILD of the KING” (Jn.1:12)
(*Your identity*) “A KINGDOM & PRIEST” (Rev.1:6)
(thumb)
- 2) **WHERE YOU ARE** ————>HEAVENLY REALMS (Eph. 2:6)
(Pointer finger)
- 3) **WHAT YOU HAVE**—————>AUTHORITY (Luke 10:19)
(tallest finger) & POWER (Acts 1:8)
- 4) & 5) **WHAT YOU DO**————>“HE MUST INCREASE (#4);
(ring finger & pinky) **i must decrease.”** (#5) (Jn. 3:30)
“Do whatever He says!”
(Jn.2:5=Life Assignment Verse!)



Galatians 2:20 —
“I have been *crucified*
with Christ...”

Theme verse for Bootcamp:
Psalm 18:34
“**He trains my hands
for battle.**”



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SPIRITUAL BOOTCAMP & MORE PRAYER PLAN

I) Anointing:

Zechariah 4:6 “Not by might or by power, but by my Spirit, says the LORD Almighty.”

II) Worship/His Presence:

Ephesians 5:18-19 “...be filled with the spirit. Speak to one another with psalms, hymns, and songs from the Spirit. Sing and make music in your heart to the Lord...”

Exodus 33:15 “...If your Presence doesn’t go with us, do not send us up from here.”

III) Protection:

Ephesians 6:10-19 “Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil’s schemes...”

Psalms 91:9-11 “If you say, ‘The LORD is my refuge,’ and you make the Most High your dwelling, no harm will overtake you, no disaster will come near your tent. For he will command his angels concerning you to guard you in all your ways.”

Psalms 31:20 “In the shelter of your presence you hide them from all human intrigues; you keep them safe in your dwelling from accusing tongues.”

IV) Unity:

Psalms 133 “How good and pleasant it is when God’s people live together in unity!...For there the LORD bestows his blessing, even life evermore.”

1 Corinthians 1:10 “I appeal to you, brothers and sisters, in the name of our Lord Jesus Christ, that all of you agree with one another in what you say and that there be no divisions among you, but that you may be perfectly united in mind and thought.”

V) Favor:

Psalms 90:17 “May the favor of the Lord our God rest upon us; establish the work of our hands for us—yes, establish the work of our hands.”

VI) The Word Received & Multiplied:

Matthew 13:23 “But the seed falling on good soil refers to someone who hears the word and understands it. This is the one who produces a crop, yielding a hundred, sixty or thirty times what was sown.”

VII) “Clean us up. Fill us up. Send us out.”:

Psalms 51:2,5 “Wash away all my iniquity & cleanse me from sin...Surely I was sinful at birth, sinful from the time my mother conceived me.”

Ephesians 3:19 “...that you may be filled to the measure of all the fullness of God.”

Matthew 28:19-20 “Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”

SPIRITUAL BOOTCAMP SURVEY: PLEASE DO NOT WRITE YOUR NAME

1. Do you have a personal relationship with Jesus? Yes___ No___ Are you 100% certain if you died today, you would go to heaven? Yes___ No___ If yes, why?_____

2. On a scale of 1-10, please rate your prayer life (Your prayer life **is** your relationship with Jesus.) _____(1= almost nonexistent; 10=continual sense of His Presence)

3. Do you feel like you are walking in the power of God? Yes___ No___ I didn't know I could walk in the power of God_____

4. Have you received the Baptism with the Holy Spirit? (a separate experience from receiving the Holy Spirit at your point of salvation) yes___ no___ I'm confused about this___
If yes, do you have and use your prayer language as a weapon? yes___ no___ seldom___

5. How often do you read your Bible? _____(daily, weekly, infrequently, etc)
Is it more often out of 'duty'? _____ or 'delight'?_____

6. Are you currently struggling with any of these? **Please circle the main ones & be honest.**

worry doubt fear unbelief anxiety discouragement confusion unforgiveness guilt

shame grief stress anger despair agitation suicidal thoughts envy jealousy gossip

depression hurt "old wounds" addiction(s) abuse unworthiness "over-analysis" striving

rejection pornography frustration intimidation panic control "compulsive overeating"

manipulation "no sense of purpose" betrayal false accusation persecution hate regret

isolation "I think I'm missing something" condemnation "new wounds" withdrawal

"love of the world" lack of contentment legalism criticism perfectionism lust stingy rage

greed sexual sin impure thoughts "feel unloved" pride "overly competitive" overwhelmed

lack of joy loneliness "sense of entitlement" heaviness independent comparison pity

insecurity indecision bitterness diagnosis of "chronic incurable disease or disorder"

easily offended relationship struggles over and over performance based acceptance

"I need constant approval" "I need constant attention" "emotional addict" eating disorder

"tired & worn out" self-mutilation other(s): _____

6. What would you like to gain through Spiritual Bootcamp?

