

Spiritual Bootcamp & More Lesson 2

WHO YOU ARE:

Your “true identity” (thumb) vs. “spiritual identity theft”

*Watch Lesson 2 video on *spiritualbootcampandmore.com*.

Welcome to Bootcamp Lesson 2. Remember from Lesson 1 that everything you need to live the abundant and victorious Christian life is illustrated by your RIGHT HAND. One of our Bootcamp goals is to “arm every believer one finger at a time.” Remember that the enemy has already been “disarmed” by the cross (Colossians 2:15). Therefore, you are working *from* the place of victory not *towards* it. This lesson the focus is **WHO YOU ARE** represented by your right **thumb**.

1. Write Psalm 16:8 (NIV) below and then meditate on this amazing truth:

It is possible for you to “not be shaken” only because of “who & whose you are.”

a) Do you think that Psalm 16:8 can be a reality for you 24/7/365? _____

“Not being shaken” by anyone or any circumstances of life will hinge upon you not just knowing, but believing and acting upon what the Bible says about you. In Bootcamp, your thumb represents **who you are**— your true identity in Christ.

b) Who does John 1:12 and Romans 8:17 say you are?

c) Who does Revelation 1:6 say you are? _____

d) What does John 15:15 call you? _____

2. Write John 10:10 _____

Ephesians 6:11 tells us that the enemy has a scheme, in Greek the word is *methodeia* (Strong’s Concordance 3180)— a *highly technical and orderly plan* to steal, kill, and destroy you and God’s plans, purposes, and destiny for your life. One very common scheme he uses on all believers is what we will call “spiritual identity theft.” He will do anything to get you to identify with anything other than who you really are in Christ. He will use good stuff or bad stuff. It matters not, as long as you begin to identify with “that” and not your true identity in Christ. You are not “what you do,” “what you have or do not have,” “what you have done,” “what has been done to you,” “the diagnosis you have been given,” etc. The enemy wants to put a label on you, but you must resist and be labeled only by “who and whose you are”— a child of the King, with all the rights and privileges of the Kingdom (we will go there next lesson—finger #2). After you

become a Christian, the enemy wastes no time in attempting to make you ineffective for the Kingdom. He is working night and day to amputate your thumb. You must know and believe **who you are**. Remember, the LORD is always wanting to ANOINT your thumb; the enemy always wants to AMPUTATE.

3. Read Exodus 29:20. Which hand and which finger of Aaron and his sons (represents priests) were to be anointed? _____

Go back to the previous page and write again from Revelation 1:6 **who you are**.
_____ *God is putting on you right now a greater revelation of who you really are. He is anointing your right thumb right now!*

Read Judges 1:6-7. During war, when kings were captured, what was amputated to humiliate them and make them completely ineffective for their kingdoms?

_____ Picture the gore of this. Alive, but no thumbs or big toes. They would never hold a sword again. They would never run again. This is exactly what the enemy is attempting to do to you. He wants to amputate your right thumb and big toes so that you will not be able to “hold your sword of the Spirit” or ever pass the baton or run this race with endurance that He has called you to run. **You will never fall for his schemes**. Right thumb up! Point it to heaven. You know **who you are**.

Take a long hard look at your RIGHT THUMB. What did Jesus pay for you to have your identity in Him? _____

You are only who you are because of what He did for you. Let’s make sure that Bootcamp is all about Him and what He wants to do in you in this season. You must understand your identity, but **you can’t be your focus!** Fix your eyes on Jesus (Hebrews 12:2) and stay on the Bootcamp training table. Let Him work.

You will notice with each lesson there will be much repetition. That is very intentional in any form of Bootcamp whether training in the spiritual or physical. Muscle memory is a must! The truths over and over will kick out and replace the lies. Embrace repetition!

Survey discussion and results:

In Bootcamp group, the survey results from Lesson 1 will be shared. The enemy will attempt to make you feel like you’re alone in an area of struggle. You will see that you are never alone. Flip over to pp.12-13 and look at the two “window pane” photos. Take a long look at the “This is WHO YOU ARE” photo. What’s in the very middle?

Yes! Thank God for the Cross. The blood of Jesus Christ purchased you with a great price and you are worth it. Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come (2 Corinthians 5:17). You have been made new! Because of the “Great I AM,” you became who you really are. That is the truth. **You are who you are because of who He is**. You belong to Him. You are all sixteen of those window pane “I AM’s” and even much more.

On the other hand (pardon the Bootcamp pun), take a long look at the “Spiritual Identity Theft” window pane photo (p.12). Take a close look at the three hands at the top of the window pane. What appears to be missing? _____

Yes, their right thumbs have been amputated. This “I AM” window pane photo represents who the enemy says you are, *but it is not real*. They are all big lies from the “father of lies” (John 8:44). The enemy attempts to amputate your thumb with his “spiritual identity theft” schemes. One trick that he commonly pulls is to “*turn a verb into a noun*.” What a strange but powerful term this is. Please pay very close attention to this explanation because your identity will be at risk if you do not understand this. You see the enemy wants to take something that you do (a verb), or just occasionally do, and turn it into “who you are” (a noun). He will stop at nothing. He wants to take “your worry” and turn you into a first class worrier. He wants you to own anxiety, thus start saying, “**My Anxiety**.” He wants you to receive that awful diagnosis so that you will say, just like the pharmaceutical commercials are teaching us to say, for example, “**My RA**,” “**My Hep C**,” or “**My fill-in-the-blank**” (whatever disease, disorder, or dis-anything with which you can be labeled). The enemy wants “all these current struggles” that you circled on the survey to own you, so that you will eventually own them. He then wins the “spiritual identity theft” hand. Let’s not forget that he can play this game just as easily with “the good stuff” or even any issue you are passionate about. He can take any area of God-given gifting or your personal area of interest and try to turn it into “who you are.” Is he trying to steal your identity in Christ by your identity becoming your career, your children, your outward appearance, your intellect, your hobby, your passion, or even your spiritual gifts? This list could go on and on. Don’t let him take something you do well or just plain like and turn it into who you are. ***Your identity is in Christ alone, period.***

Let’s get practical and transparent:

1. Turn back to p. 6 (“current struggles from the survey”) and spend some time putting “some verses on those curses.” Ask the Holy Spirit to highlight specific scripture(s) and write them on individual index cards. Spiral bound index cards work great for this. Put a date on each card. Meditate on them day and night (Joshua 1:8) so that the living Word (Hebrews 4:12) gets deep into you. You get into the Word so that the Word gets into you. Repetition over and over for faith muscle memory works every time! Hold tight to that Sword with your thumb. It will be so helpful if you come prepared next lesson to share anything the Holy Spirit has shown you as you have worked through the homework. Remember “the testimony of Jesus is the spirit of prophecy” (Revelation 19:10). That means that the testimony of what Jesus has done for you can be a prophecy for what He will do for someone else in your small group. *You are not here by accident*. Life change happens in the context of relationships. Thank you for being open and willing to be transparent. You never know how your story can help someone else. Use the space below for writing what He prompts you to share in your small group or for personal journaling.

2. Look at the “Who I Am” in Christ scriptures on p.11. The Holy Spirit may highlight a few of them for you to transfer to your index cards as well. With your right thumb up, out loud, multiple times during the day, proclaim, decree, and declare these truths from the Word of God. He is truly “anointing your thumb.”

3. Read out loud the **Bootcamp Declaration**¹ below.

“I declare and proclaim that I am a child of the King, a Kingdom and a Priest.

I am seated at His Right Hand in the heavenly realms.

He has given me authority to tread on serpents and scorpions and anything that comes against me.

I have authority over all the powers of the enemy. They cannot hurt me.

I am equipped. I am empowered. My life is a testimony of His power, of His restoration, of His redemption. I owe it all to Him.

God’s power is made perfect in my weakness. I boast in my weakness, and God’s power rests on me!

My assignment is to do what He says. He must increase; i must decrease. More of Him means less of me.

This is the day to lay down my life. I have been crucified with Christ and I no longer live but Christ lives in me.

Father, in the name of Jesus, take my life!”

4. Recite your Bootcamp Hand Drill #1 (p. 3) out loud until it’s in you.

Thumb: WHO YOU ARE

Pointer: WHERE YOU ARE

Tallest: WHAT YOU HAVE

#4 & #5 : WHAT YOU DO= HE MUST INCREASE; i must decrease.

Great job! A “Most High Five & Thumbs Up” for completing Lesson 2.

¹ Jennifer Murphy, first *Spiritual Bootcamp*, 2017.

THIS IS WHO I AM.

Read the I AM declaration out loud:

I AM A CHILD OF THE KING. “For you are all children of God through faith in Christ Jesus” (Galatians 3:26, NLT).

I AM LOVED. “But God demonstrates his own love for us in this: While we were still sinners, Christ died for us” (Romans 5:8).

I AM CLEAN & FORGIVEN. “For he has rescued us from the kingdom of darkness and transferred us into the kingdom of his dear Son, who purchased our freedom and forgave our sins” (Colossians 1:13-14, NLT).

I AM A CITIZEN OF HEAVEN. “And God raised us up in Christ and seated us with him in the heavenly realms in Christ Jesus” (Ephesians 2:6).

I AM MORE THAN A CONQUEROR. “No, in all these things we are more than conquerors through him who loved us” (Rom. 8:37).

I AM FREE. “Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives you life has set you free from the law of sin and death” (Romans 8:1-2).

I AM HEALED. “But He was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed” (Isaiah 53:5).

I AM A WORSHIPPER. “Yet a time is coming and has now come when true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks” (John 4:23).

I AM SPIRIT-FILLED. “Do you not know that you are God’s temple and that God’s Spirit dwells in you” (1 Corinthians 3:16, ESV).

I AM FRUIT-FILLED. “But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control...” (Gal. 5:22-23, NLT)

I AM GIFTED WITH SPIRITUAL GIFTS. “A spiritual gift is given to each of us so that we can help each other” (1 Corinthians 12:7, NLT).

I AM FULL OF POWER. “For God has not given us a spirit of fear, but of power and love and a sound mind” (2 Timothy 1:7, NKJV).

I AM COMPLETE IN HIM. “And in Him you have been made complete, and He is the head over all rule and authority” (Colossians 2:10, NAS).

I AM SALT AND LIGHT. “You are the salt of the earth...the light of the world” (Matt. 5:13-14).

I AM GOD’S WORKMANSHIP. “For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them” (Ephesians 2:10, NAS).

This is WHO YOU ARE.
(Your true identity)



This is Who You Are . . .

I AM A CHILD OF THE KING	I AM LOVED	I AM CLEAN AND FORGIVEN	I AM HOLY
I AM A CITIZEN OF HEAVEN	I AM MORE THAN A CONQUEROR	I AM FREE	I AM HEALED
I AM A WORSHIPER	I AM SPIRIT- FILLED	I AM FRUIT- FILLED	I AM GIFTED WITH SPIRITUAL GIFTS
I AM FULL OF POWER	I AM COMPLETE IN HIM	I AM SALT & LIGHT	I AM GOD'S WORKMANSHIP

“SPIRITUAL IDENTITY THEFT”=

Who the enemy says you are. It’s not real. He cannot amputate your thumb.
THIS IS NOT WHO YOU ARE.

This is “Spiritual Identity Theft.”

I AM UN-LOVED UN-WANTED	I AM GUILTY & ASHAMED	I AM DISCOURAGED	I AM DEPRESSED
I AM A CONTROL FREAK	I AM UN-LOVED UN-WANTED	I AM UN-LOVED UN-WANTED	I AM UN-LOVED UN-WANTED
I AM _____ (“My” disorder or disease)	I AM FEARFUL	I AM TIRED & WORN OUT	I AM STUCK
I AM WORRIED	I AM ANXIOUS	I AM CONFUSED	I AM ADDICTED

“Father, I come to you in the name of Jesus, and I ask you to forgive me for ever identifying with any of the above “I AM” statements and anything that is a lie. I confess that at times I have said or thought negative confessions about myself or others. I have believed lies from the enemy and I now repent, turning from every lie to the truth of God’s Word. I know **WHO I AM** and I thank you for forgiving me and washing me clean. Teach me more truths about my real identity in you. Your Kingdom come, your will be done in and through me. Thank you Jesus.”