

Heavenly Prayer Language

IT ACCOMPLISHES **WAY MORE** THAN YOU THINK!!

(Why You Should Exercise It Regularly & What Is Happening When You Do)

- A. Brief summary of “brain effects” of tongues (based on scientific research)
- < frontal lobe activity = loss of ‘self’ - the frontal lobe is the ‘brain control center’, it > in activity when we are focused on what we are saying/doing
 - > activity of the parietal region= ‘being touched by the Spirit’
 - < Biological Stress: proven by the measurement of 2 stress bio-markers (Cortisol and alpha-amylase)
- B. The #1 reason we should pray in our prayer language regularly (A LOT): Our Father told us to, and Father knows best!” = OBEDIENCE
- C. He commands us to receive the gift of the Holy Spirit (Acts 1:4,5:32, John 14:16-17, Ephesians 5:18) and it is His plan for this gift to function as a spirit language for His children (Acts 2:4,11, 1 Corinthians 14:2)
- D. Just a few of the benefits of Praying in Tongues (Prayer Language, Spirit Language):
- 1) Equips you to speak directly to God - bypassing your natural mind (1Corinthians 14:2)
 - 2) Builds up and increases our faith, a power source for everyday life, edifies, charges and builds you up like charging a battery empowering you to live a supernatural life/strengthens your inner man like a spiritual workout! (Jude 20, 1 Corinthians 14:4)
 - 3) Main way to “pray without ceasing” (Eph. 6:18,1 Thes. 5:17, Matt.26:41, Luke 18:1)
 - 4) Is always 100% in line with God’s perfect will (Rom. 8:27,1 John 5:14-15)
 - 5) Opens up the way for the other gifts to flow & reveals the wisdom & mysteries of God
 - 6) Opens up the Bible in a new and living way as you read (John 16:13)
 - 7) Is a “hidden weapon” from the enemy - he can’t intercept it and empowers you to engage in spiritual warfare from a place of Victory! (Ephesians 6:11)
 - 8) Keeps us continually aware of the Holy Spirit’s indwelling presence (John 14:16-17)
 - 9) Eliminates selfishness from entering your prayer life as the prayer is from your spirit not soul
 - 10) Allows you to pray when you don’t know how & about things we wouldn’t know about

- 11) Is a means of keeping free from worldly contamination
- 12) Gives us spiritual refreshment (Isaiah 28:11-12) and quietens your mind (<frontal lobe activity
- 13) Strengthens our ability to love (Jude 20b-21a)
- 14) Helps us stay in tune with & yield to the Holy Spirit and activates the fruit of the spirit (Galatians 5:22)
- 15) Frees you to worship (1 Corinthians 14:15)
- 16) Decreases stress hormones in your physical body
- 17) **Is a weapon for whatever “issue” you have***see Jackie Pullinger’s testimony of almost lifeless heroin addicts whose only rehab was salvation and praying in tongues! (*Chasing the Dragon’ by Jackie Pullinger, ‘Holy Fire’ by RT Kendall (pg. 141-145)

I’m of the opinion that praying in tongues is one of the most powerful, life-changing, yet underutilized weapons in our tool belt from the Holy Spirit. The enemy has and continues to fight hard against it because he knows its power. Abuses, misuses, and bad experiences have misled many sincere Christians. Unfortunately for many, it has been a one time “experience” and has not become a normal part of their lives. It is a language gift to be embraced and grown. It should be an ongoing act of obedience to a loving Father who has given us everything we need for living a godly life (2 Peter 1:3). I’ve repeatedly used the word “it” but “it” is really HIM— the amazing Holy Spirit and His manifestations. I believe we have but scratched the surface of His power through tongues. As Reinhard Bonnke stated, “the gifts of the spirit are not badges of honor but tools for the job.” As my pastor says, “The baptism with the Holy Spirit doesn’t make me better than you, it makes me better than me!”

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