


SPIRITUAL BOOTCAMP

& MORE



SPIRITUALBOOTCAMPANDMORE.COM



**"HE TRAINS MY HANDS
FOR BATTLE...."**

PSALM 18:34

Spiritual Bootcamp and More (Leader Guide and Participant Training Manual)
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Visit the website at spiritualbootcampandmore.com for videos which accompany each lesson as well as supplemental teachings, testimonies, and photos.

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WELCOME TO SPIRITUAL BOOTCAMP & MORE! What to Expect & Practical Tips

To say we are excited that you are with us for this Bootcamp adventure is an understatement. You are not here by accident. The Holy Spirit has a very specific work to do in and through each one of us during our time together. His purposes will be accomplished to the degree that each of us submit to His plans. Bootcamps by nature are not for the faint of heart; they are not meant to be an easy walk in the park. One definition of bootcamp is a program that helps people become much better at doing something in a short period of time. The Holy Spirit will be the personal trainer for each of us. Through the lessons each week, the Holy Spirit will show you through the Word specific areas in your life that may need some "faith muscle building," or maybe just some toning up for the seasons ahead. He will also reveal to you or remind you of specific schemes the enemy is using against you and your family, to steal, kill, and destroy abundant life. Equally important will be the divine connections formed. This bootcamp will be life changing and it will require that you not only pray, but have the resolve of the Holy Spirit to attend and obey His leadings. If a few months of bootcamp in the natural can have dramatic and life-changing effects on people, can you even imagine what can happen to each of us with the supernatural power of the Holy Spirit at work!

Your Bootcamp supply list consists of three things: 1) A paper Bible—a more literal translation such as ESV, NAS, NET, NIV, NKJV, etc., vs. *The Message, The Passion Translation, The Living Bible*, etc., 2) *Spiritual Bootcamp & More*® training manual, and 3) Spiral-bound index cards. Your assignment each lesson consists of questions, fill-in-the-blanks, and practical tips taken from the materials provided. Your main assignment is to dig deeper into Jesus through the Word, prayer, and praise and then "do whatever He tells you" (John 2:5). Now that's a simple, not just daily, but a *life assignment verse!* Bootcamp is both corporate and individual. You will get out of it what you put into it. There can be explosive growth or little growth. **It is your choice.**

It is an honor and privilege to be your "Bootcamp Coach(es)." Know that you will be prayed for by name each day. We would like you to join us in praying the scriptures on the enclosed prayer plan (p.4) as He prompts. Thanks so much for joining us on this faith building journey to further train and equip us for a time such as this.

For The Kingdom,

Your Bootcamp Coach(es)

Theme verse— "He trains my hands for battle" (Psalm 18:34).

*Please watch Lesson 1 video and testimonies on our website: spiritualbootcampandmore.com

SPIRITUAL BOOTCAMP & MORE LESSONS

RIGHT HAND:

Lesson 1— Welcome: What to Expect/Brief Overview of Hand Drill #1/
(pp. 1-6) Prayer Plan/Survey and Survey Notes

Lesson 2— **Who You Are** (thumb): Your true identity vs. “spiritual identity theft”
(pp. 7-13)

Lesson 3— **Where You Are** (pointer finger): Kingdom of God vs. kingdom of this world
(pp. 14-22)

Lesson 4— **What You Have** (tallest finger): Authority & Power!
(pp. 23-28)

Lesson 5— **What You Do: He must Increase** (ring finger)= John 3:30a
(pp. 29-34)

Lesson 6— **i must decrease** (pinky)= John 3:30b
(pp. 35-40)

LEFT HAND:

Lesson 7— **The Enemy’s Left hand:** Who He Is and How to Resist Him
(pp. 41-49)

Lesson 8— CAUTION: **SIN & IGNORANCE**
(pp. 50-55)

Lesson 9— CAUTION: Do Not Love The World or the **THINGS** In the World.
(pp. 56-59)

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(pp. 60-67)

Lesson 11— CAUTION: Your **PAST** (Breaking Generational Curses)
(pp. 68-74)

Lesson 12— **The Final Conclusion:** Will You Stay in the **RIGHT** Camp?
(pp. 75-78)

There are videos to accompany each lesson found on the website:
spiritualbootcampandmore.com

BOOTCAMP HAND DRILL #1: Right Hand

- 1) **WHO YOU ARE** ————>“CHILD of the KING” (Jn.1:12)
(*Your identity*) (thumb) “A KINGDOM & PRIEST” (Rev.1:6)
- 2) **WHERE YOU ARE** ————>HEAVENLY REALMS (Eph. 2:6)
(Pointer finger)
- 3) **WHAT YOU HAVE**—————>AUTHORITY (Luke 10:19)
(tallest finger) & POWER (Acts 1:8)
- 4) & 5) **WHAT YOU DO**————>“HE MUST INCREASE (#4);
(ring finger & pinky) **i must decrease.”** (#5) (Jn. 3:30)
“Do whatever He says!”
(Jn.2:5=Life Assignment Verse!)

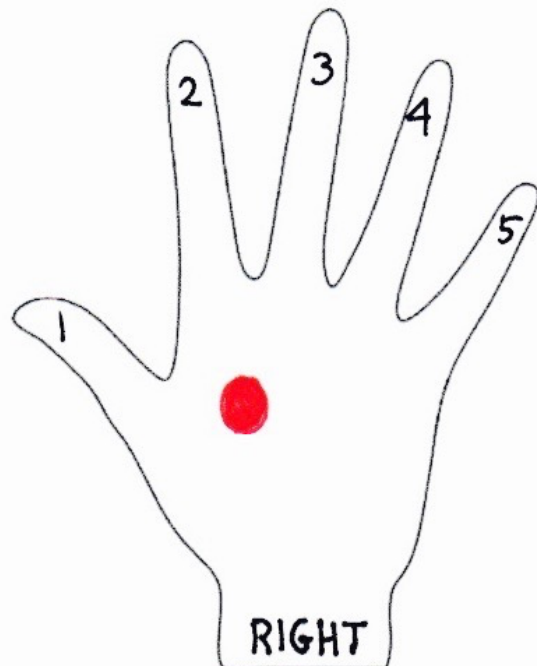


“I have been *crucified*
with Christ...”
(Galatians 2:20)

Theme verse for Bootcamp:

Psalm 18:34

**“He trains my hands
for battle.”**



SPIRITUAL BOOTCAMP & MORE PRAYER PLAN

I) Anointing:

Zechariah 4:6 “Not by might or by power, but by my Spirit, says the LORD Almighty.”

II) Worship/His Presence:

Ephesians 5:18-19 “...be filled with the spirit. Speak to one another with psalms, hymns, and songs from the Spirit. Sing and make music in your heart to the Lord...”

Exodus 33:15 “...If your Presence doesn't go with us, do not send us up from here.”

III) Protection:

Ephesians 6:10-19 “Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes...”

Psalms 91:9-11 “If you say, ‘The LORD is my refuge,’ and you make the Most High your dwelling, no harm will overtake you, no disaster will come near your tent. For he will command his angels concerning you to guard you in all your ways.”

Psalms 31:20 “In the shelter of your presence you hide them from all human intrigues; you keep them safe in your dwelling from accusing tongues.”

IV) Unity:

Psalms 133 “How good and pleasant it is when God's people live together in unity!...For there the LORD bestows his blessing, even life evermore.”

1 Corinthians 1:10 “I appeal to you, brothers and sisters, in the name of our Lord Jesus Christ, that all of you agree with one another in what you say and that there be no divisions among you, but that you may be perfectly united in mind and thought.”

V) Favor:

Psalms 90:17 “May the favor of the Lord our God rest upon us; establish the work of our hands for us—yes, establish the work of our hands.”

VI) The Word Received & Multiplied

Matthew 13:23 “But the seed falling on good soil refers to someone who hears the word and understands it. This is the one who produces a crop, yielding a hundred, sixty or thirty times what was sown.”

VII) “Clean us up. Fill us up. Send us out.”

Psalms 51:2,5 “Wash away all my iniquity & cleanse me from sin...Surely I was sinful at birth, sinful from the time my mother conceived me.”

Ephesians 3:19 “...that you may be filled to the measure of all the fullness of God.”

Matthew 28:19-20 “Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”

SPIRITUAL BOOTCAMP SURVEY: PLEASE DO NOT WRITE YOUR NAME

1. Do you have a personal relationship with Jesus? Yes___ No___ Are you 100% certain if you died today, you would go to heaven? Yes___ No___ If yes, why?_____

2. On a scale of 1-10, please rate your prayer life (Your prayer life **is** your relationship with Jesus.) _____(1= almost nonexistent; 10=continual sense of His Presence)

3. Do you feel like you are walking in the power of God? Yes___ No___ I didn't know I could walk in the power of God._____

4. Have you received the Baptism with the Holy Spirit? (a separate experience from receiving the Holy Spirit at your point of salvation) yes___ no___ I'm confused about this._____

If yes, do you have and use your prayer language as a weapon? yes___ no___ seldom_____

5. How often do you read your Bible? _____(daily, weekly, infrequently, etc)

Is it more often out of 'duty'? _____ or 'delight'? _____

6. Are you currently struggling with any of these? **Please circle the main ones & be honest.**

worry doubt fear unbelief anxiety discouragement confusion unforgiveness guilt

shame grief stress anger despair agitation suicidal thoughts envy jealousy gossip

depression hurt "old wounds" addiction(s) abuse unworthiness "over-analysis" striving

rejection pornography frustration intimidation panic control "compulsive overeating"

manipulation "no sense of purpose" betrayal false accusation persecution hate regret

isolation "I think I'm missing something" condemnation "new wounds" withdrawal

"love of the world" lack of contentment legalism criticism perfectionism lust stingy rage

greed sexual sin impure thoughts "feel unloved" pride "overly competitive" overwhelmed

lack of joy loneliness "sense of entitlement" heaviness independent comparison pity

insecurity indecision bitterness diagnosis of "chronic incurable disease or disorder"

easily offended relationship struggles over and over performance based acceptance

"I need constant approval" "I need constant attention" "emotional addict" eating disorder

"tired & worn out" self-mutilation other(s): _____

6. What would you like to gain through Spiritual Bootcamp?

Spiritual Bootcamp & More Lesson 2

WHO YOU ARE:

Your “true identity” (thumb) vs. “spiritual identity theft”

*Watch Lesson 2 video on *spiritualbootcampandmore.com*.

Welcome to Bootcamp Lesson 2. Remember from Lesson 1 that everything you need to live the abundant and victorious Christian life is illustrated by your RIGHT HAND. One of our Bootcamp goals is to “arm every believer one finger at a time.” Remember that the enemy has already been “disarmed” by the cross (Colossians 2:15). Therefore, you are working *from* the place of victory not *towards* it. This lesson the focus is **WHO YOU ARE** represented by your right **thumb**.

1. Write Psalm 16:8 (NIV) below and then meditate on this amazing truth:

It is possible for you to “not be shaken” only because of “who & whose you are.”

a) Do you think that Psalm 16:8 can be a reality for you 24/7/365? _____

“Not being shaken” by anyone or any circumstances of life will hinge upon you not just knowing, but believing and acting upon what the Bible says about you. In Bootcamp, your thumb represents **who you are**— your true identity in Christ.

b) Who does John 1:12 and Romans 8:17 say you are?

c) Who does Revelation 1:6 say you are? _____

d) What does John 15:15 call you? _____

2. Write John 10:10 _____

Ephesians 6:11 tells us that the enemy has a scheme, in Greek the word is *methodeia* (Strong’s Concordance 3180)— a *highly technical and orderly plan* to steal, kill, and destroy you and God’s plans, purposes, and destiny for your life. One very common scheme he uses on all believers is what we will call “spiritual identity theft.” He will do anything to get you to identify with anything other than who you really are in Christ. He will use good stuff or bad stuff. It matters not, as long as you begin to identify with “that” and not your true identity in Christ. You are not “what you do,” “what you have or do not have,” “what you have done,” “what has been done to you,” “the diagnosis you have been given,” etc. The enemy wants to put a label on you, but you must resist and be labeled only by “who and whose you are”— a child of the King, with all the rights and privileges of the Kingdom (we will go there next lesson—finger #2). After you

become a Christian, the enemy wastes no time in attempting to make you ineffective for the Kingdom. He is working night and day to amputate your thumb. You must know and believe **who you are**. Remember, the LORD is always wanting to ANOINT your thumb; the enemy always wants to AMPUTATE.

3. Read Exodus 29:20. Which hand and which finger of Aaron and his sons (represents priests) were to be anointed? _____

Go back to the previous page and write again from Revelation 1:6 **who you are**.
_____ *God is putting on you right now a greater revelation of who you really are. He is anointing your right thumb right now!*

Read Judges 1:6-7. During war, when kings were captured, what was amputated to humiliate them and make them completely ineffective for their kingdoms?

_____ Picture the gore of this. Alive, but no thumbs or big toes. They would never hold a sword again. They would never run again. This is exactly what the enemy is attempting to do to you. He wants to amputate your right thumb and big toes so that you will not be able to “hold your sword of the Spirit” or ever pass the baton or run this race with endurance that He has called you to run. **You will never fall for his schemes**. Right thumb up! Point it to heaven. You know **who you are**.

Take a long hard look at your RIGHT THUMB. What did Jesus pay for you to have your identity in Him? _____

You are only who you are because of what He did for you. Let’s make sure that Bootcamp is all about Him and what He wants to do in you in this season. You must understand your identity, but **you can’t be your focus!** Fix your eyes on Jesus (Hebrews 12:2) and stay on the Bootcamp training table. Let Him work.

You will notice with each lesson there will be much repetition. That is very intentional in any form of Bootcamp whether training in the spiritual or physical. Muscle memory is a must! The truths over and over will kick out and replace the lies. Embrace repetition!

Survey discussion and results:

In Bootcamp group, the survey results from Lesson 1 will be shared. The enemy will attempt to make you feel like you’re alone in an area of struggle. You will see that you are never alone. Flip over to pp.12-13 and look at the two “window pane” photos. Take a long look at the “This is WHO YOU ARE” photo. What’s in the very middle?

Yes! Thank God for the Cross. The blood of Jesus Christ purchased you with a great price and you are worth it. Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come (2 Corinthians 5:17). You have been made new! Because of the “Great I AM,” you became who you really are. That is the truth. **You are who you are because of who He is**. You belong to Him. You are all sixteen of those window pane “I AM’s” and even much more.

On the other hand (pardon the Bootcamp pun), take a long look at the “Spiritual Identity Theft” window pane photo (p.12). Take a close look at the three hands at the top of the window pane. What appears to be missing? _____

Yes, their right thumbs have been amputated. This “I AM” window pane photo represents who the enemy says you are, *but it is not real*. They are all big lies from the “father of lies” (John 8:44). The enemy attempts to amputate your thumb with his “spiritual identity theft” schemes. One trick that he commonly pulls is to “*turn a verb into a noun*.” What a strange but powerful term this is. Please pay very close attention to this explanation because your identity will be at risk if you do not understand this. You see the enemy wants to take something that you do (a verb), or just occasionally do, and turn it into “who you are” (a noun). He will stop at nothing. He wants to take “your worry” and turn you into a first class worrier. He wants you to own anxiety, thus start saying, “**My Anxiety**.” He wants you to receive that awful diagnosis so that you will say, just like the pharmaceutical commercials are teaching us to say, for example, “**My RA**,” “**My Hep C**,” or “**My fill-in-the-blank**” (whatever disease, disorder, or dis-anything with which you can be labeled). The enemy wants “all these current struggles” that you circled on the survey to own you, so that you will eventually own them. He then wins the “spiritual identity theft” hand. Let’s not forget that he can play this game just as easily with “the good stuff” or even any issue you are passionate about. He can take any area of God-given gifting or your personal area of interest and try to turn it into “who you are.” Is he trying to steal your identity in Christ by your identity becoming your career, your children, your outward appearance, your intellect, your hobby, your passion, or even your spiritual gifts? This list could go on and on. Don’t let him take something you do well or just plain like and turn it into who you are. ***Your identity is in Christ alone, period.***

Let’s get practical and transparent:

1. Turn back to p. 6 (“current struggles from the survey”) and spend some time putting “some verses on those curses.” Ask the Holy Spirit to highlight specific scripture(s) and write them on individual index cards. Spiral bound index cards work great for this. Put a date on each card. Meditate on them day and night (Joshua 1:8) so that the living Word (Hebrews 4:12) gets deep into you. You get into the Word so that the Word gets into you. Repetition over and over for faith muscle memory works every time! Hold tight to that Sword with your thumb. It will be so helpful if you come prepared next lesson to share anything the Holy Spirit has shown you as you have worked through the homework. Remember “the testimony of Jesus is the spirit of prophecy” (Revelation 19:10). That means that the testimony of what Jesus has done for you can be a prophecy for what He will do for someone else in your small group. *You are not here by accident*. Life change happens in the context of relationships. Thank you for being open and willing to be transparent. You never know how your story can help someone else. Use the space below for writing what He prompts you to share in your small group or for personal journaling.

2. Look at the “Who I Am” in Christ scriptures on p.11. The Holy Spirit may highlight a few of them for you to transfer to your index cards as well. With your right thumb up, out loud, multiple times during the day, proclaim, decree, and declare these truths from the Word of God. He is truly “anointing your thumb.”

3. Read out loud the **Bootcamp Declaration**¹ below.

“I declare and proclaim that I am a child of the King, a Kingdom and a Priest.

I am seated at His Right Hand in the heavenly realms.

He has given me authority to tread on serpents and scorpions and anything that comes against me.

I have authority over all the powers of the enemy. They cannot hurt me.

I am equipped. I am empowered. My life is a testimony of His power, of His restoration, of His redemption. I owe it all to Him.

God’s power is made perfect in my weakness. I boast in my weakness, and God’s power rests on me!

My assignment is to do what He says. He must increase; i must decrease. More of Him means less of me.

This is the day to lay down my life. I have been crucified with Christ and I no longer live but Christ lives in me.

Father, in the name of Jesus, take my life!”

4. Recite your Bootcamp Hand Drill #1 (p. 3) out loud until it’s in you.

Thumb: WHO YOU ARE

Pointer: WHERE YOU ARE

Tallest: WHAT YOU HAVE

#4 & #5 : WHAT YOU DO= HE MUST INCREASE; i must decrease.

Great job! A “Most High Five & Thumbs Up” for completing Lesson 2.

¹ Jennifer Murphy, first *Spiritual Bootcamp*, 2017.

THIS IS WHO I AM.

Read the I AM declaration out loud:

I AM A CHILD OF THE KING. “For you are all children of God through faith in Christ Jesus” (Galatians 3:26, NLT).

I AM LOVED. “But God demonstrates his own love for us in this: While we were still sinners, Christ died for us” (Romans 5:8).

I AM CLEAN & FORGIVEN. “For he has rescued us from the kingdom of darkness and transferred us into the kingdom of his dear Son, who purchased our freedom and forgave our sins” (Colossians 1:13-14, NLT).

I AM A CITIZEN OF HEAVEN. “And God raised us up in Christ and seated us with him in the heavenly realms in Christ Jesus” (Ephesians 2:6).

I AM MORE THAN A CONQUEROR. “No, in all these things we are more than conquerors through him who loved us” (Rom. 8:37).

I AM FREE. “Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives you life has set you free from the law of sin and death” (Romans 8:1-2).

I AM HEALED. “But He was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed” (Isaiah 53:5).

I AM A WORSHIPPER. “Yet a time is coming and has now come when true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks” (John 4:23).

I AM SPIRIT-FILLED. “Do you not know that you are God’s temple and that God’s Spirit dwells in you” (1 Corinthians 3:16, ESV).

I AM FRUIT-FILLED. “But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control...” (Gal. 5:22-23, NLT)

I AM GIFTED WITH SPIRITUAL GIFTS. “A spiritual gift is given to each of us so that we can help each other” (1 Corinthians 12:7, NLT).

I AM FULL OF POWER. “For God has not given us a spirit of fear, but of power and love and a sound mind” (2 Timothy 1:7, NKJV).

I AM COMPLETE IN HIM. “And in Him you have been made complete, and He is the head over all rule and authority” (Colossians 2:10, NAS).

I AM SALT AND LIGHT. “You are the salt of the earth...the light of the world” (Matt. 5:13-14).

I AM GOD’S WORKMANSHIP. “For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them” (Ephesians 2:10, NAS).

This is WHO YOU ARE.
(Your true identity)



This is Who You Are . . .

I AM A
CHILD
OF THE
KING

I
AM
LOVED

I
AM
CLEAN
AND
FORGIVEN

I
AM
HOLY

I AM A
CITIZEN
OF
HEAVEN

I
AM
MORE
THAN A
CONQUEROR

I
AM
FREE

I
AM
HEALED

I AM
A
WORSHIPER

I
AM
SPIRIT-
FILLED

I
AM
FRUIT-
FILLED

I
AM
GIFTED
WITH
SPIRITUAL
GIFTS

I
AM
FULL OF
POWER


I
AM
COMPLETE
IN HIM

I
AM
SALT &
LIGHT

I
AM
GOD'S
WORKMANSHIP

“SPIRITUAL IDENTITY THEFT”=

Who the enemy says you are. It’s not real. He cannot amputate your thumb.
THIS IS NOT WHO YOU ARE.



This is “Spiritual Identity Theft.”

<p>I AM UN-LOVED UN-WANTED</p>	<p>I AM GUILTY & ASHAMED</p>	<p>I AM DISCOURAGED</p>	<p>I AM DEPRESSED</p>
<p>I AM A CONTROL FREAK</p>	<p>I AM UN-LOVED UN-WANTED</p>	<p>I AM UN-LOVED UN-WANTED</p>	<p>I AM UN-LOVED UN-WANTED</p>
<p>I AM _____ (“My” disorder or disease)</p>	<p>I AM FEARFUL</p>	<p>I AM TIRED & WORN OUT</p>	<p>I AM STUCK</p>
<p>I AM WORRIED</p>	<p>I AM ANXIOUS</p>	<p>I AM CONFUSED</p>	<p>I AM ADDICTED</p>

“Father, I come to you in the name of Jesus, and I ask you to forgive me for ever identifying with any of the above “I AM” statements and anything that is a lie. I confess that at times I have said or thought negative confessions about myself or others. I have believed lies from the enemy and I now repent, turning from every lie to the truth of God’s Word. I know **WHO I AM** and I thank you for forgiving me and washing me clean. Teach me more truths about my real identity in you. Your Kingdom come, your will be done in and through me. Thank you Jesus.”

Spiritual Bootcamp & More Lesson 3
WHERE YOU ARE (Pointer finger) —> Kingdom of God

*Watch Lesson 3 video(s) on *spiritualbootcampandmore.com*.

After focusing last lesson on **WHO YOU ARE** (thumb), our focus this lesson will be on **WHERE YOU ARE**, which is represented by your pointer finger. Our theme verse for this lesson tells you or points you to **where you really are** because of who you are in Christ. Part of knowing *who you are* is knowing *where you are*.

1. Write Ephesians 2:6 _____

2. Although physically your earth suit is living on planet earth, in the spiritual realm where does the above verse say that you are seated? _____

It is hard to grasp this amazing truth with our natural, limited minds. Although you might not understand it, you must know and believe that *you* are actually *seated in the heavenly realms*—this is the *Kingdom of God*. This is not a geographical but a spiritual kingdom where you are a citizen. The mark of any kingdom is the presence of a king who is a ruler. The king sets the rules. It is not a democracy. Of course the Kingdom of God is ruled by King Jesus and the kingdom of this world is ruled by Satan.

Take a few minutes and read over the scriptures (pp. 19-20) on the two opposing kingdoms: the Kingdom of God (Light) vs. the kingdom of this world (Satan, darkness). Make no mistake about the truth that these two kingdoms are in direct opposition to one another, but are nowhere equal in power. Remember that Satan is a defeated foe. He has been disarmed and has only limited power (Colossians 2:15). The Kingdom of God is all-powerful because our King is all-powerful!

After reading the scriptures, look closely at the trifold photos on p. 21 summarizing the two kingdoms. You are always operating in one of these kingdoms. There is no neutral kingdom. You cannot have one foot in each kingdom. There are no “spiritual gymnastic splits” going on here. You either have your feet on the narrow road of God’s Kingdom, or you are on the wide road of the kingdom of this world.

Write Matthew 7:13-14 _____

You always get to choose **where you are**. Look closely at the photo on p. 22.

The below fill-in-the-blanks and questions (3-11) can all be answered by looking at pp.19-22. Reading the scriptures in other translations is helpful.

3. The Kingdom of God _____ (Luke 17:21).

4. The Kingdom of God _____ (Matt. 12:28).

5. Romans 8:17 says that you are a co-heir with _____ and Philippians 3:20 says that you are a citizen of _____.

6. As a co-heir/citizen of the Kingdom of God you have a king (ruler) named Jesus and the Holy Spirit (your guide, your counselor, your comforter, your “trainer”). Everything you need to know, the rule book, the instruction manual for living, is written in _____. This inspired Word explains that one of your Kingdom jobs is to “colonize” the _____. Your job is to bring the _____ of Heaven to earth and not the other way around. Jesus came preaching the good news of the Kingdom and He is calling you to do the same. The Church (Greek *ekklesia*, Strong’s 1577) has a simple message and mission—to reveal King Jesus and His Kingdom. Your job in this *ekklesia* on earth is to bring Kingdom influence or culture wherever, whenever, and however He directs. As a believer, you have dual citizenship. You are a citizen of heaven, and you are a citizen of the physical country where you were born. He is training you to walk in Kingdom power! Remember, you are a co- _____ of this amazing Kingdom.

7. Food for thought: Are you experiencing the rights and privileges of the Kingdom of God?

What would the EVIDENCE of that look like? _____ & _____

List 8 “P’s” that are a direct result of *living in obedience* in the right Kingdom:

List the 9 “Fruit” that are a direct result of walking in the Spirit (of the right Kingdom):

This is really *FOOD* for thought— *P’s and Fruit!* Are you enjoying abundant P’s and Fruit?
_____ Why, or why not? _____

8. Ephesians 2:2 has another name for the kingdom of this world. Write that verse:

The prerequisite for that kingdom is simply one word: _____

9. Write 1 John 5:18-19 _____

10. The EVIDENCE of being in the kingdom of this world vs. the Kingdom of God can be simply summarized by “NO _____ & NO _____” of the Spirit.

The pattern of “DIS” -*obedience* that gets one there will cause EVIDENCE marked by much “DIS-_____.” Write down as many “DIS-_____” as you can think of .

What is other evidence of living in the wrong kingdom?_____

11. Read Hebrews 12:28. The Kingdom of God cannot be _____

Now ponder that. That is your home— a place that **CANNOT BE SHAKEN!** You are a citizen of a kingdom that is unchanging, unshakable, all-powerful!

Remember from last lesson Psalm 16:8— “I will not be _____.”

12. **Time for transparency** (This is likely to help someone in your small group.):

Please share a testimony of something that really used to “shake you” or “move you” (could be a person, a circumstance, a feeling, etc.), but now it doesn’t. How did you fight the temptation to be “shaken” and how did you ultimately win the battle?

Is there something or someone that still “shakes you” at times? If so, please explain.

13. Take a long hard look at your first two fingers. You are indeed a child of the King and you are seated in heavenly realms— in a Kingdom that cannot be shaken. This Kingdom is truth— a fact, not a feeling. Sometimes we have to remind ourselves of *who we are* because the enemy reminds us of who we are not. Sometimes we have to remind ourselves of where we live. Sometimes we have to point that pointer finger up and say “no way devil, not today.” I live in a Kingdom that cannot be shaken, and I know my King. His name is JESUS. Look up Ephesians 2:14 and write down who He is for you especially when you are tempted to be shaken or “moved” to that other kingdom. “He is my _____.”

Let’s get practical:

14. Look over the scriptures on pp. 19-20 and ask the Holy Spirit to highlight some of these “kingdom” verses for you. Write them on your index cards and meditate on them daily. You get into the Word so the Word gets into you. IT IS ALIVE! Reading the Word out loud is powerful— over time, it physically changes your brain. You are transformed as your mind is renewed (Romans 12:2).

15. Think again on the “things, people, circumstances, feelings, etc.” that you may be allowing to “shake” you, thus “move” you, from the Kingdom filled with PEACE to the other kingdom of NO peace and DIS-‘ease’ and every other DIS____. Now let’s again put a “verse on that curse.” Because of *who you are* and *where you are*, you have a guide, the indwelling Holy Spirit who will guide you to specific scripture(s) for your situation. It can be helpful to use a Bible concordance or simply google “Bible verses for _____.” The scriptures He gives to you are not automatic. You must couple faith with obedience to the Word. Put these verses on index cards and “meditate on them day and night and be careful to do what they say” (Joshua 1:8).

Bootcamp checkup time:

If you’ve been cooperating with the Holy Spirit, you have quite a few scriptures on the index cards by now. If you’ve been meditating on them daily, you’ve already built faith muscles and begun real mind renewal. The alive Word is actually physically changing your brain! As the Holy Spirit guides you, you will begin to see that a “theme” of sorts may begin to surface. Bootcamp will be vastly different for everyone. Your personal trainer, the Holy Spirit, knows exactly which faith muscles need toning for you. He knows what He wants to take away and add to continue to grow you even more into His Kingdom purposes. Do not tell Him what you want Him to do, or what you want to do or not do. Simply in surrender to your King say, “Not my will, but yours be done.” Stay up on the Bootcamp training table and let Him work. He has a specific plan just for you. You will be sore as your faith muscles get stretched, but any pain is gain. You are growing God’s way! “No discipline is enjoyable while it is happening— it’s painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way” (Hebrews 12:11).

16. Read your Bootcamp Declaration on p. 10 out loud.

17. Recite your Bootcamp Hand Drill #1 (p. 3) out loud:

Right Thumb up: **WHO YOU ARE** (Now say out loud who you are.)

Pointer Finger pointing up: **WHERE YOU ARE** (Now say out loud where you are.)

Tallest: **WHAT YOU HAVE (Power & Authority)**

#4 and #5: **WHAT YOU DO (He must increase; i must decrease.)**

Corporate Prayer:

“Father, we come to You in the name of Jesus, and we praise and thank You for all that You have done for us. We thank You that because of the blood of Jesus we can enter into a Kingdom that is not of this world— Your Kingdom can never be shaken. We thank You for providing everything we will ever need. We thank You that your Kingdom of Light dispels all darkness, and that we can carry Your Light everywhere Your hands lead our feet. We thank You for all “the P’s” in this wonderful place You have provided— PEACE, POWER, PRESENCE,

PROVISION, PLANS, PURPOSES, PROTECTION, & PROMISES. We thank You for the FRUIT You give to us as we walk in Your Spirit. We confess that our feet have not always stayed firmly planted in Your Kingdom. Sometimes we stray with our thoughts, or words, or feet. We sin and miss Your mark intentionally at times and unintentionally or out of ignorance, and we ask You to forgive us. We repent and confess that when we end up in the wrong kingdom it is our fault. We want to get out quickly. Thank You for Your faithfulness, patience, kindness and Your never ending love for us. You are our good Father. Thank You for training us in righteousness for Kingdom purposes. Have Your way in each of us and help us help each other as we train together. We love You, Lord.”

Personal prayer of commitment, etc. :

My testimony concerning “Kingdom”:

If you watched the two brief videos on our website under Lesson 3, you heard me share that I really did not understand “being seated in heavenly realms” (Ephesians 2:6) or “The Kingdom of God is within you” (Luke 17:21). I had very little understanding of “Kingdom.” The first thing to do when you do not understand something is to simply pray and ask God for clarity. He always brings this clarity through His Word and Spirit. I meditated on “kingdom scriptures” as I have asked you to do (pp. 19-20); then I listened to quite a few internet teachings on “Kingdom” by a few pastors. All I can say is WOW. The Holy Spirit used those to give me fresh revelation, confidence, and clarity. For me, understanding “Kingdom” has been life-changing. There are many excellent Biblical teachings —I’ll list a few of the shorter ones that helped me so much at the end of Lesson 3 on the website. Ask the Holy Spirit to guide you into your further understanding of Kingdom. It is the message—it is the reason Jesus was sent to earth. “I must proclaim the good news of the kingdom of God...because that is why I was sent”(Luke 4:43).

Ann Allen Salter

As we close out Lesson 3, you should realize that Bootcamp is really a mindset. Don’t think of it as a curriculum or a small group, but think of it as a mindset. Bootcamp must first be a MIND SET on Jesus, then a MIND SET on **WHO YOU ARE** and **WHERE YOU ARE...** more to follow!

GREAT JOB! A “Most High Five” for completing Lesson 3.

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Scriptures on *The Kingdom of Heaven (God, Light)*
not geographical but spiritual realm where God rules as King, and we share
abundant life as citizens with rights, benefits and privileges
vs. *kingdom of this world (Satan, darkness)* (*emphasis added*)

Luke 17:21 (NKJV) “The *Kingdom* of God is within you.”

Matthew 12:28 “the *kingdom* of God has come upon you.”

Philippians 3:20 “...but our citizenship is in heaven.”

Ephesians 2:6 “And God raised us up with Christ and seated us with him in heavenly realms in Christ Jesus.”

Luke 22:29-30 “And I confer on you a *kingdom*, just as my father conferred one on me, so that you may eat and drink at my table in my *kingdom* and sit on thrones, judging the twelve tribes of Israel.”

Colossians 1:13 “For he has rescued us from the *kingdom of darkness* and transferred us into the *Kingdom of his dear Son...*” (NLT).

Romans 14:17 “For the *Kingdom of God* is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit.”

1 Corinthians 4:20 “The *Kingdom of God* is not a matter of talk but of power.”

Matthew 6:33 “But seek first his *kingdom* and his righteousness, and all these things will be given to yours well.”

Matthew 4:23 “Jesus went throughout Galilee teaching in their synagogues, preaching the good news of the *kingdom*, and healing every disease and sickness among the people.”

Luke 4:43 “But he (Jesus) said, ‘I must preach the good news of the *kingdom of God* to the other towns also, because that is why I was sent.’”

Matthew 10:6-8 (Jesus speaking to the twelve) “Go rather to the lost sheep of Israel. As you go, preach this message: ‘*The kingdom of heaven* has come near.’ Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received, freely give.’”

Luke 9:1-2 “When Jesus had called the Twelve together, he gave them power and authority to drive out all demons and to cure diseases, he sent them out to preach the *kingdom of God* and heal the sick.”

Matthew 16:19 “I will give you the keys of the *kingdom of heaven*, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.”

Matthew 11:12 “From the days of John the Baptist until now, *the kingdom of heaven* has been forcefully advancing, and forceful men lay hold of it.”

Ephesians 1:22-23 “And God placed all things under his feet and appointed him to be head over everything for the church, which is his body, the *fullness of him* who fills everything in every way.”

Ephesians 3:19 “...that you may be filled to the measure of *all the fullness of God*.”

Matthew 6:10 “...your *kingdom* come, your will be done on earth as it is in heaven.

Romans 8:17 “Now if we are children, then we are heirs—heirs of God and *co-heirs with Christ*, if indeed we share in his suffering in order that we may share in his glory.

Revelation 1:5-6 “To him who loves us and has freed us from our sins by his blood, and made us to be a *kingdom and priests* to serve his God and Father—to him be glory and power for ever and ever! Amen.”

1 John 4:4 “You are from God, little children, and have overcome them, because greater is He who is in you than he who is in this world” (NAS).

Acts 26:18 “...to open their eyes so that they may turn from darkness to light and from the *dominion of Satan* to God, that they may receive forgiveness of sins and an inheritance among those who have been sanctified by faith in Me” (NAS).

Ephesians 2:2 “...the ruler of the *kingdom of the air*, the spirit who is now at work in those who are disobedient.”

Ephesians 6:12 “For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the *powers of this dark world* and against spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes...”

1 John 5:18-19 “We know that anyone born of God does not continue to sin; the one who was born of God keeps him safe, and the evil one cannot harm him. We know that we are children of God, and that *the whole world is under the control of the evil one*.”

1 John 2:15 “Do not love the *world* nor the things in the world. If anyone loves the world, the love of the Father is not in him.”

John 14:30 “I will not speak much more with you, for the *ruler of the world* is coming, and he has nothing in me” (NAS).

John 15:18-19 “If the *world* hates you, keep in mind that it hated me first. If you belonged to the *world*, it would love you as its own. As it is, you do not belong to the *world*, because I have chosen you out of the *world*. That is why the *world* hates you.”

2 Corinthians 4:4 “...in whose case the *god of this world* has blinded the minds of unbelievers, so that they might not see the light of the gospel of the glory of Christ, who is the image of God.”

Psalms 119:19 “I am a stranger on earth; do not hide your commands from me.”

Psalms 69:8 “I am a foreigner to my own family, a stranger to my own mother’s children.”

KINGDOM LIVING IS A CHOICE.

WORLD (Darkness)	GOD (Light)
Satan	King Jesus
unbelievers	citizens, "co-heirs"
world system	BIBLE, HOLY SPIRIT
"things"	"abundant life"
"no P's & Fruit"	"P's & Fruit"
sight	FAITH

You get to choose *everything* on the left side *or* *everything* on the right side:

- To live in the Kingdom of this world **or** The Kingdom of God
- To be ruled by Satan **or** by King Jesus
- To be an unbelieving, disobedient child of this world **or** a child (co-heir) of The King
- To be governed by this world system **or** governed by The Bible through the Holy Spirit
- To enjoy "things" of this world **or** the abundant life in Christ Jesus
- To be devoid of true peace **or** enjoy peace and all the fruit from walking in His Spirit
- To walk by sight **or** by faith, the currency of His Kingdom

KINGDOM OF GOD (LIGHT)

- His Kingdom is established & extended through the church (ekklesia).
- King Jesus owns ALL & rules with absolute power.
- Co-heirs surrender ALL & receive rights, benefits, & privileges of this unshakeable kingdom.

- **One King (Jesus) with His children-citizens, co-heirs (sealed with Holy Spirit)**

- Government/Law = The Bible

- EVIDENCE = "P's & Fruit"

- | | |
|---------------|-----------------|
| 1. Peace | 1. Love |
| 2. Power | 2. Joy |
| 3. Presence | 3. Peace |
| 4. Provision | 4. Patience |
| 5. Protection | 5. Kindness |
| 6. Purpose | 6. Goodness |
| 7. Promises | 7. Faithfulness |
| 8. Plan | 8. Gentleness |
| | 9. Self-Control |

- One way entrance = FAITH
- Citizens colonize the earth ("on earth as it is in heaven" . . . bring heaven to earth).
- The Holy Spirit in you is your personal trainer, governor, etc. He governs you through obedience to His Word and voice.

KINGDOM OF THIS WORLD (DARKNESS)

- Satan has a hierarchy of demon forces- "our struggle is not against flesh and blood . . ." (Eph. 6:12).
- They work through people using lies, deception, manipulation, intimidation, control, domination, chaos, compromise, etc. to "steal, kill, & destroy" (John 10:10).

- Ruler: Satan
- Unbelievers: minds are blinded by Satan, slaves to the world, ruled by their desires

- Governed by world system/culture

- Evidence: No "P's & Fruit"

- Disobedience
- Dis-ease, No peace
- Discontent
- Disorder
- Discouraged
- Confusion
- Striving
- Need constant attention/approval
- Craves world vs. Word
- Lonely
- "Me, Me, Me!"

- True believers have been "rescued from this kingdom of darkness & transferred to God's Kingdom of Light" (Col. 1:13).
- Satan will tempt you back through disobedience.
- Satan hates God, His Word, & His children.

Spiritual Bootcamp & More Lesson 4

WHAT YOU HAVE

tallest finger= AUTHORITY & POWER!

Our Bootcamp training continues, and hopefully by now you can feel those faith muscles being stretched. He is arming you even more, one finger at a time. Being a soldier in God’s Army requires “you to know that you know that you know” **WHO YOU ARE (thumb)**—your true identity and in which camp or kingdom you reside (**pointer finger— WHERE YOU ARE**). You have a commanding officer giving the perfect orders, and it is your job to listen and follow through. This follow through or obedience is impossible without **AUTHORITY & POWER**. The authority we have been given and the power He instructs us to receive are not automatic. That is why we will focus this lesson on your third or tallest finger which represents **WHAT YOU HAVE = AUTHORITY & POWER!**

1. Our two theme verses this lesson for authority and power are found in Luke 10:19 and Acts 1:8. Read them out loud and then write them below.

Luke 10: 19 _____

Acts 1:8 _____

2. Think about the word “authority.” Let’s take a look at the definition from the Greek word for authority which is *exousia* (Strong’s Concordance 1849): conferred power to act, delegated empowerment, weight, authorization, operating in a delegated jurisdiction, the authority that God gives to His saints, authority then to act to the extent they are guided by faith (His revealed Word), the power of one whose will and commands must be obeyed by others.

Let’s understand that if we are to walk by faith in our God-given authority, we will also walk under authority as it relates to the spiritual, home, workplace, school, and civil arenas.

Write Matthew 10:1 _____

Write Matthew 28:18-20 _____

Write Romans 13:1-2 _____

3. Questions to ponder and discuss in Bootcamp (*Your transparency here will most likely help someone sitting around you.*):

a) Do you often “stop short” in exercising the authority He has given to you and if so, why do you think this happens?

b) Have you come to the place in faith that you now know that you really do have “all authority” over the enemy? _____ If you answered yes, can you share a testimony of God’s faithfulness to you in this journey learning to “exercise authority.”

4. According to our theme verses for finger #3 you have been given AUTHORITY (Luke 10:19), but you also must receive _____ (Acts 1:8).

a) Rewrite and meditate on Acts 1:8 _____

b) Let’s begin to take a chronological look at a few events that happened to the disciples prior to them “*receiving power when the Holy Spirit came on them*” as recorded in the above verse. Read then write John 20:19-22. This is one of the accounts of Jesus appearing to the disciples post-resurrection. _____

When Jesus breathed on them in the above verse (John 20:22), what does the Bible tell us that they received? _____

c) Now jump over to Acts 1:3-5; 8-9 and listen to what Jesus says to them this time: “*After his suffering He showed himself to these men and gave many convincing proofs that he was alive. He appeared to them over a period of forty days and spoke about the kingdom of God. On one occasion while he was eating with them, he gave them this command: ‘Do not leave Jerusalem, but **wait for the gift** my Father promised, which you have heard me speak about. For John baptized with water, but in a few days you will be **baptized with the Holy Spirit**....But you will receive _____ when the _____ and you will be my witnesses in Jerusalem, and in all Judea, and Samaria, and to the ends of the earth.’ And after he said this, he was taken up before their very eyes, and a cloud hid him from their sight.”*

Write Acts 2:1-4 _____

d) The disciples had clearly **received the Holy Spirit** when Jesus breathed on them in John 20:22. *What then were they told to wait for just 2 chapters later in Acts 1:4?*

Wow. The Bible is clear and not confusing at all. It tells chronologically what happened to those first disciples. Jesus clearly “breathed on them” in John 20:22 and they “received the Holy Spirit” but there was **more to come**. After that, Jesus told them to go and wait for the gift promised by the Father, which was the baptism with the Holy Spirit. They needed **POWER**. After receiving His power, *they were forever changed*. Think about them after the crucifixion. They scattered like frightened sheep. After they received the baptism with the Holy Spirit they became bold and courageous. The early disciples needed **power for ministry**; they needed **power to live a supernatural life**. It is no different for followers of Christ today. We need **power!** This is exactly why the enemy fights so hard against the baptism with the Holy Spirit. Whereas it should be a very practical and normal part of our journey, the enemy has caused massive amounts of confusion, division, abuse, and gross imbalances in the body of Christ concerning this powerful gift. Satan is only doing his job as a liar and a thief. Let the alive Word continue to clear up any confusion you may have. Always search out the scriptures first. There will be more verses below concerning the baptism with the Holy Spirit. Remember that this lesson’s finger #3 is about **AUTHORITY & POWER**, so this is not meant to be a teaching specifically on the baptism with the Holy Spirit. There are many excellent internet teachings as well as excellent books on this most misunderstood topic. A few personal favorites will be listed at the end of Lesson 4 on the website. Set aside some time to listen—they are indeed power-packed and life-changing!

Additional Scriptures on Baptism with the Holy Spirit:

Acts 19:2 “Did you receive the Holy Spirit when you believed? They answered, ‘No, we have not even heard there is a Holy Spirit.’ ”

Acts 8:14-17 “When the apostles in Jerusalem heard that Samaria had accepted the word of God, they sent Peter and John to them. When they arrived they prayed for them that they might receive the Holy Spirit, because the Holy Spirit had not yet come upon any of them; they had simply been baptized into the name of the Lord Jesus. Then Peter and John placed their hands on them, and they received the Holy Spirit.”

Matthew 3:11-13 “I (John the Baptist) baptize you with water for repentance. But after me will come one who is more powerful than I, whose sandals I am not fit to carry. *He will baptize you with the Holy Spirit and with fire.*”

Acts 11:15-17 “As I began to speak, the Holy Spirit came upon them as he had come on us at the beginning. Then I remembered what the Lord had said: ‘John baptized with water, but you will be baptized with the Holy Spirit.’ So if God gave them the same gift he gave us, who believed in the Lord Jesus Christ, who was I to think I could oppose God.”

Luke 24:49 “I am going to send you what my Father has promised; but stay in the city until you have been *clothed with power from on High.*”

Let’s get practical:

5. Bootcamps are all about repetition to get muscle memory. Spiritual Bootcamp does the same in the context of renewing your minds with the truths of God’s Word. You know the drill by now, so get those index cards out and then take a look back at all of the scriptures this lesson concerning AUTHORITY & POWER. *Allow the Holy Spirit to highlight the ones that you need to put on cards.* Meditating on and reading these out loud daily will take you from “knowing to believing” that you have authority and power. Remember, you are being transformed as your mind is renewed with the alive Word.

6. Is there an area in your life that seems like the enemy is getting an upper hand? Would you like to share it?

It may be too personal to share with your small group, but when we share with even one person it is amazing what can happen. Remember that the enemy will always work in extremes. He will want your struggle to stay hidden in darkness so the Light (authority of the Word) cannot shine on it, or he will have you talk about it over and over and over and have it become your identity without you ever using the authority and power available to defeat it. It does not have to be like this. Ask the Holy Spirit for His strategy. Dig into the Word and He will show you. Put a “verse on that curse.” You are getting armed one finger at a time and this is the lesson for you to show the enemy your AUTHORITY finger. “Submit yourselves, then, to God. Resist the devil, and he will flee from you” (James 4:7).

Read out loud the cards you already have made concerning your current struggle(s) and add any others He has given you. Exercise your authority!

7. Testimony time:

Let’s enjoy a testimony from a Bootcamp friend whose life was forever changed after she received the Baptism with the Holy Spirit. “The testimony of Jesus is the spirit of prophecy” (Revelation 19:10).

“I had the privilege of growing up in a Christian home where I was taught about Jesus and taken to church my entire life. I made the decision to follow Jesus at the age of twelve. Although still rather young, I realized that I was a sinner, and that I was in need of a Savior (Romans 3:23). I repented of my sins (Luke 13:3); asked Jesus to forgive me (1 John 1:9); and accepted Jesus as my

Lord and Savior (Romans 10:9-10). I joined my mainline denominational church and was baptized by immersion. Unfortunately, upon entering college I was drawn to worldly things. While never denying Jesus, I just wasn't living a life indicative of a true follower. After college, I married my hometown honey and we settled into living life. But something was missing—a close relationship with Jesus. So shortly after our marriage we made a commitment to be “all in” with following Jesus! Four years into our marriage, work took us to another state where I immediately began to look for a church whose main focus was preaching the Word of God! By this point in my life, I was very eager to learn all I could about being a Christ-follower. I met some Christian friends who seemed to have something more than I was experiencing. I couldn't quite put my finger on it but they had a peace and joy that I didn't have and were actually seeing miracles take place! This was all new to me and so when they issued an invitation to attend a Praise and Worship gathering, I readily accepted! After some very animated praise and worship (remember I had only attended a very traditional church), the speaker began to teach on the Holy Spirit. I was very uncomfortable with the whole situation and was in the process of leaving when the speaker looked directly at me, even though there were hundreds of people in the room! I can still remember the words he spoke to me because it was as if the Lord was speaking to me directly! He told me that the Lord had a gift that He wanted to give me, if I would only open my heart to receive it! I had never had the Lord speak to me so clearly before, so needless to say I sat down and listened intently to what was said. I had many questions and spent the next two weeks studying my Bible to discover every scripture concerning the Holy Spirit. I also read a book 'The Holy Spirit and You' by Dennis and Rita Bennet. As a result of this intensive personal study, I sat at my kitchen table by myself and prayed a simple prayer. I ask the Lord to give me all that He wanted me to have. I immediately felt an urge to begin to sing and literally from my innermost being (John 7:38-39) flowed the most beautiful song I had ever heard—I was singing in the Spirit! I felt a peace and joy like I had NEVER experienced in my entire life! Hence began a spiritual journey with Jesus that I have been on for over forty years. I can't even imagine life without the baptism of the Holy Spirit with the evidence of speaking in tongues. When I'm faced with a difficult situation in which I have no idea how to pray, I know that the Holy Spirit will always pray the perfect prayer (Romans 8:26-27)! This gift is yours for the asking as the Lord shows no favoritism (Romans 2:11); He gives His gifts freely to those who ask! What are you waiting for???” Donna, Alabama

8. Prayer time:

Whether you have already received the Baptism with the Holy Spirit or not, there is always more for each one of us. We all need fresh infilling of His Spirit. For those who have never requested this gift as Donna so beautifully and simply described, **remember that when you ask, you will receive**. Releasing the prayer language causes some to become frustrated or confused. Please do not fret about this. The manifestation of your personal prayer language is sometimes immediate or delayed for a period of time. Some people receive their prayer language when alone as Donna's testimony; some receive through the laying on of hands, which is scriptural. Simply surrender your voice to God. Remember that you must give voice to this new spirit language. “Out of your belly will flow rivers of living water” (John 7:38). Use the space below to journal anything that surfaces as you get still and pray. Remember to thank Him for the authority and power you have in Him.

9. Time to wrap it up:

Praying in tongues can be one of the most powerful, life-changing weapons in our tool belt from the Holy Spirit. Unfortunately for most believers, this is either non-existent or underutilized. The enemy has and continues to fight hard against tongues because he knows its power. Abuses, misuses, and bad experiences have misled many sincere Christians. Unfortunately for many, it has been a one time “experience” and has not become a normal part of their lives. It is a language gift to be embraced and grown. It should be an ongoing act of obedience to a loving Father who has given us everything we need for living a godly life (2 Peter 1:3). The word “it” has been repeatedly used but “it” is really HIM— the amazing Holy Spirit and His many and varied manifestations. Most of us have only scratched the surface of His power through His wonderful spiritual gifts. As Reinhard Bonnke stated, “The gifts of the spirit are not badges of honor but tools for the job.”

As we end this “power-packed” lesson please remember that tongues is simply one of the many manifestations of the baptism with the Holy Spirit. This baptism that has been discussed is **power for living a supernatural life**. Bootcamp is designed to equip you further for living a supernatural life, therefore, this topic could not be excluded. As my pastor once said, “The Baptism with the Holy Spirit doesn’t make me better than you; it makes me better than me!”

10. From memory recite your first 3 fingers of the Bootcamp Hand Drill:

Thumb is who I am .

Pointer finger is where I am .

Tallest finger is what I have = **AUTHORITY & POWER!**

“A Most High Five” for completing Lesson 4! See you at Bootcamp.

*Remember to watch Lesson 4 video(s) on spiritualbootcampandmore.com.

**Additional video teachings which have helped many not just understand more about the Baptism with the Holy Spirit, but have helped in the release of their prayer language are listed at the end of Lesson 4 on the website. These video teachings are by pastors who are excellent communicators.

Spiritual Bootcamp & More Lesson 5
WHAT YOU DO: HE MUST INCREASE
=John 3:30a (ring finger)

*Watch Lesson 5 video(s) on *spiritualbootcampandmore.com*.

Bootcamp continues as you get armed with more truths from the Word, one finger at a time. By now, the first three fingers of the main hand drill (#1) should be muscle memory: #1 **WHO YOU ARE**, #2 **WHERE YOU ARE**, #3: **WHAT YOU HAVE**. Fingers #4 & #5 together are **WHAT YOU DO**. This lesson you will focus on finger #4 - **HE MUST INCREASE** and learn five top ways for you to grow spiritually, illustrated by a new hand drill (#2).

First, let's review from Galatians 5 what is often called "Spiritual Order" or "Spirit vs. Flesh." Take a look at the stick figures on p. 32 and the "Fruit of the Spirit or Fruit of the Flesh" (p. 33) to answer 1-8 below:

1. Our theme verse is John 3:30: "He _____; I _____."

2. Your soul is your a) _____ (what you _____) +
your b) _____ (what you _____) +
your c) _____ (what you _____).

3. Your BODY + Your SOUL = Your _____ (see p. 32).

4. Write and say out loud Galatians 5:16-17 (this describes the internal civil war.)

5. As you walk in the Spirit, the characteristic traits and FRUIT become evident. What is the "5:22 stuff" listed in Galatians 5:22? _____,
_____, _____,
_____, _____,
_____.

6. See p. 33 for answers:

The Holy Spirit will ALWAYS speak _____ and bring _____ and never confusion. He will always guide you into paths of _____. He will never be an "_____ seeker" and will always be "_____-centered." When you are walking in the Spirit you will not have problem being _____ to authority and when doing a job or task it will be done with _____.

7. Walking in the flesh (carnal, sinful nature) produces the “opposite of the 5:22 stuff.” One way to describe it is that “it’s all about _____.” Your flesh needs lots of _____ and _____. When it comes to work, the term “just enough _____” often applies.

8. Your walk every day produces _____ of the Spirit or _____ of the flesh? IT IS YOUR _____.

Time for transparency:

After reading the characteristic traits of the Spirit vs. flesh, did the Holy Spirit bring anything to mind you would like to share?

9. BOOTCAMP HAND DRILL #2 (p. 34): John 3:30a = _____ must increase.
 (“Continual _____” of the Spirit)

- a) The first three fingers of this second hand drill are our top spiritual weapons available to us 24/7 and they are _____ (#1 way to grow), _____ (points you to Jesus) & _____ (highest).
- b) The fourth or ring finger represents _____.
- c) The pinky represents _____.

Let’s get practical :

1. Look at the hand drill #2 on p. 34. Of the five ways listed to help grow your Spirit-man (The Word, Prayer, Praise, People, Places), where do you think your diet is unbalanced and what are some practical ways to make corrections?

2. Look up the verses which correspond with where you think you are “not feeding your Spirit” and ask the Holy Spirit to highlight the ones to transfer to your index cards or write in the space below.

3. WHAT WE FEED WILL ALWAYS GET **BIGGER**. There is always **MORE OF THE SPIRIT** for everyone. Write down some practical steps you will take this lesson to begin to increase your Spirit even more.

4. Do you have an accountability partner, a prayer partner, or anyone challenging you to grow in your walk with Jesus? If not, ask the Holy Spirit who you should ask.

5. Read the Bootcamp Declaration on p.10 out loud.

6. And finally, it's time to end our session by reciting out loud Hand Drill #1 (1-4).

Thumb = *WHO YOU ARE*

Pointer = *WHERE YOU ARE*

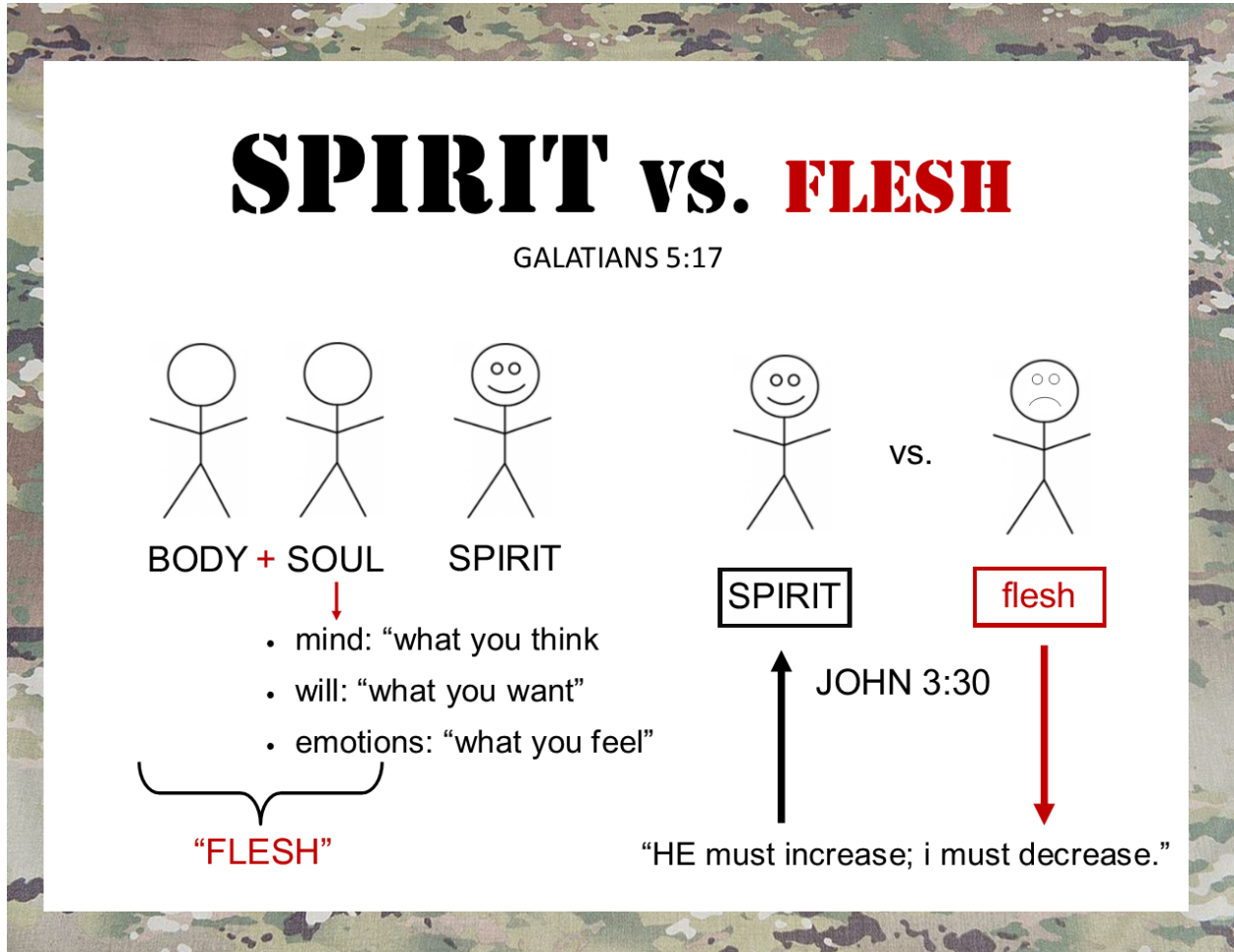
Tallest = *WHAT YOU HAVE (Authority & Power)*

Ring finger = **WHAT YOU DO =HE MUST INCREASE** = Drill #2 = ***The Word, Prayer, Praise, People & Places!***

Pinky finger= *i MUST DECREASE (next lesson)*

A "Most High Five" for completing Lesson 5. See you at Bootcamp!

Bootcamp Right Hand: Fingers 4 & 5= John 3:30
HE MUST INCREASE; i must decrease.



To summarize the above stick-figure photo:

1. You were born with a **BODY**.
2. You have a **SOUL** which is a) your mind: “*what you think*”
b) your will: “*what you want*”
c) your emotions: “*what you feel*”
3. Your **BODY** + Your **SOUL** = Your **FLESH** (Remember that your flesh will try to line up with the enemy.) You should memorize the components of your soul and your flesh.
4. At the point of your salvation (Holy **SPIRIT** alive in you) the internal civil war began (Galatians 5:17)—Spirit vs. flesh. To win the war **SPIRIT** must increase; **flesh** must decrease.

Fruit of the *Spirit* or Fruit of the *Flesh*? It's Your Choice.

Galatians 5:16-18 "So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, so that you do not do what you want. But if you are led by the Spirit, you are not under the law."

Deuteronomy 30:15-16,19 "See, I set before you today life and prosperity, death and destruction. For I command you today to love the LORD your God, to walk in his ways, and to keep his commands, decrees and laws; then you will live and increase, and the LORD your God will bless you in the land you are entering to possess...I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live and that you may love the LORD your God, listen to his voice, and hold fast to him. For the LORD is your life..."

Characteristic traits/FRUIT of the Holy Spirit: "The 5:22 stuff"

1. Leads, guides, and prompts (a still small voice) into paths of PEACE, always PEACE
2. Humble, meek, gentle, lowly, content, not an "attention seeker," "other-centered," rejoices with success of others, believes the best in others and speaks life to them
3. Speaks the truth, leads, guides, and steers us into all truth, bringing clarity not confusion
4. Submissive to authorities
5. Loving, joyful, kind, faithful, committed, enduring, patient (knows how to wait)
6. Just, shows no partiality, not a "ladder climber," does not compromise the truth
7. Hardworking, goes above and beyond the call of duty, work is marked by excellence
8. Loves God/His Word and embraces the culture of the Kingdom of God

Characteristic traits/FRUIT of the Flesh: "opposite of the 5:22 stuff"

Galatians 5:19-21 "When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have said before, that anyone living that sort of life will not inherit the Kingdom of God."

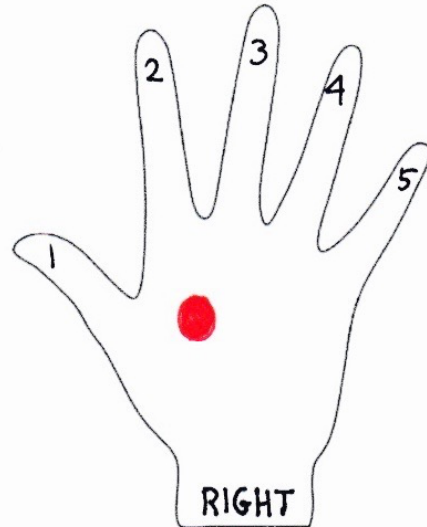
1. Manipulates, controls, dominates, demands, pushy, jealous of and threatened by others
2. Hard, harsh, sharp, pressing, needs lots of attention/strokes, never satisfied, selfish, touchy, rude, resentful, unforgiving, arrogant, "ME, ME, ME, ...It's ALL about ME!"
3. Deceives, lies, confuses, complains, frets, gossips, needs to have the "first and last words"
4. Rebellious, divisive, dishonest
5. Impatient, uncommitted, unfaithful, gives up early if no immediate results
6. Compromises and mediocre at best, when it comes to work "just enough to get by" fits
7. Loves the world and the things of this world, embraces the culture of this world

*Your walk in this life everyday will produce fruit. Fruit of the Spirit? Fruit of the Flesh?
It's your choice.*

BOOTCAMP HAND DRILL #2

John 3:30a= **“HE (SPIRIT) MUST INCREASE”**
= **“Continual Feeding”**

1. **The WORD***—always #1 way to grow
2. **Prayer***—“points” you to Jesus
3. **Praise***— “highest” (tallest)
4. **People**— (ring finger)
5. **Place**—(pinky finger)



* **“The Word, Prayer, & Praise” (1-3) are our spiritual weapons available to us 24/7/365.**

Scriptures below to look up. Transfer to index cards those the Holy Spirit highlights and meditate on them. Get in the Word so it will get into you!

1. The WORD: It is God! It is ALIVE & Powerful! Meditate on it morning & night.
John 1:1, Hebrews 4:12, Revelation 19:13, Joshua 1:8, Isaiah 55:11

2. Prayer: Prayer is your relationship with Jesus. Pray first, early, often. Pray “in the Spirit” frequently; your prayer language is hidden from the enemy—like a stealth bomber! 1
Thessalonians 5:17, Colossians 4:2, Romans 8:26-27, Jude 20, Matthew 6:9-13

3. Praise: “Silences & drives the enemy out.” “He inhabits your praise.” “Praise & be raised!”
Hebrews 13:15, Acts 16:25-26, Psalms 8:2; 22:3; 145-150, 2 Chronicles 20:12-25

4. People: “He who walks with the wise grows wise.” “Where two or three are gathered in My Name...” “Iron sharpens iron.” “If one can chase a thousand, two can put ten thousand to flight!”
Proverbs 13:20, 27:17, Deuteronomy 32:30

5. Places: Seek His Presence/Shelter of the Most High, Life-giving atmospheres give LIFE!
There is much growth/protection in a flock! Get outside and look up! Psalms 91, 122; Rom. 1:20

Spiritual Bootcamp & More Lesson 6
i must decrease= John 3:30b (pinky finger)

*Watch Lesson 6 video(s) on *spiritualbootcampandmore.com*.

The right hand gets completed this lesson as Bootcamp moves to the tiny but often very dangerous pinky finger. Beware of the pinky! Your little pinky finger represents your “flesh” (sinful, carnal nature) that we touched on last lesson when reviewing spiritual order. When it comes to your flesh just remember that **it will line up with the enemy**. It is more deadly than any poison. It seldom gets enough attention. It usually wants to be stroked. It usually wants to talk and talk and talk. It wants to have its way. The good news is that it does not have to. When you know, practice, and consistently walk in who you are, where you are, and what you have, your pinky will have no vote. *Your Spirit will increase; your flesh will decrease.*

1. For review write the theme verse for the ring and pinky fingers:

John 3:30 _____

2. The following two verses testify to the truth that your “pinky” only has the power that you give it. You do not have to give in to your flesh, ever. It is a choice, and quite a poor one when the power of the Holy Spirit is within you.

Write 2 Corinthians 5:17 _____

Write Galatians 2:20 _____

Read out loud the words of Derek Prince concerning the flesh: “The Biblical remedy for the flesh is crucifixion. Crucifixion is the distinguishing mark of those who truly belong to Christ. God is not interested in our church membership or denominational labels. *He looks to see if our old, fleshly way of life has come to an end at the foot of the Cross.* Crucifixion is always painful, but it is a gateway to the new life” (emphasis added).

3. Last lesson you learned a new hand drill 2) (p. 34) with five ways to grow your spirit (the Word, Prayer, Praise, People & Places). This lesson you will learn the third and final hand drill of your right hand— five ways to “decrease your flesh.”

a) Look at this new hand drill on p. 39. Remember that to grow more and more in the Spirit there must be “Continual Feeding,” but to decrease our “flesh” there must be “continual _____.” Whatever you feed will grow _____ and whatever you starve will get _____.

b) Using “Hand Drill #3” (p. 39) answer and learn the following:

Hand Drill #3 (*decrease flesh*):

- 1) _____ it _____ thing each morning.
- 2) Stop _____ your finger at yourself/others.
- 3) Tallest finger= Use _____
- 4) Ring finger= _____
- 5) Pinky = _____

4. Read Exodus 29:18, 25, 41; 2 Corinthians 2:15. Burning flesh was called a _____ unto the LORD. What aromas from your life do you think please the Lord?

5. What you “point to” (focus on) will get _____ and _____.

Avoid the deadly trap of _____. Discipline yourself to _____ . Quit whistling for the _____.

6. Write and say out loud Mark 4:39 _____

We must learn to “speak to our storms” and speak to ourselves by saying, “_____, be still.” Peace is a most powerful weapon to crucify our fleshly tendency to be anything but peaceful. Do not let your flesh line up with the enemy. You must avoid his first advances. Remember, ***peace is a powerful weapon.***

Write Ephesians 2:14 _____.

7. Use the AUTHORITY you have in Jesus to destroy every act of _____. Stop the “_____” by taking every thought captive. You have the mind of Christ! (1 Corinthians 2:16).

Write and meditate on 2 Corinthians 10:3-5. _____

Write and meditate on Romans 8:6 in the Amplified Bible, Classic Edition (AMPC).

This version really does amplify “the mind of the flesh” [*which is sense and reason without the Holy Spirit*]. Let those brackets sink into your mind.

Is “thinking with the mind of the flesh” a sin? _____ What are the consequences?

What is your “top mind battle” and how can you walk in victory?

8. Write and meditate on Matthew 10:34-36 _____

Write and meditate on Romans 16:17 _____

Do not be surprised as you become more intimate in your relationship with Jesus that He may begin to _____ you from those who may be wicked, “toxic,” “baiters,” or just “a worldly influence” to you. Ask Him to “update” all of your relationships and listen closely. Dive into His Word. You will never hear something from Him contrary to His Word. They are in complete unity.

9. Write and meditate on 1 John 2:15-16 _____

Let's get practical:

1. Write on your index cards any scriptures from this lesson that the Holy Spirit has highlighted and meditate on them daily.
2. Take another look at the third hand drill (p. 39) which represents five ways to decrease flesh. *Remember that your flesh cannot be cast out, cannot be counseled out, cannot be medicated out— **IT MUST BE SLAIN!*** Did the Holy Spirit bring to mind any action points for you as you looked at the new hand drill? Let's go finger by finger.

a) Are any changes needed for you **FIRST** thing in the morning? _____
Ask God what He wants you to look at **FIRST** thing each morning and write this below.

b) If you are **POINTING** too much of your attention inward (the deadly trap of introspection), **DISCIPLINE YOURSELF TO STOP**. Confess it as sin and repent. Ask Him for practical steps to take in going the other direction. Write down what He tells you.

c) Are there any areas in your life that need to get under **AUTHORITY**. Write down anything He shows you and find a related verse to put on your index cards.

d) **PEOPLE & PLACES:** When you ask Him to “update” all relationships and activities, is there anyone, anything, or any place from which He is calling you to separate in this season? _____

3. As you well know the most practical and powerful way for us to die to self and grow in the spirit is to get alone with God and pray “**Lord, Change Me.**” The page titled the same from Sylvia Gunter’s ‘More Prayer Portions’ is a wonderful ending exercise to close out this section of Bootcamp. If you are not in the habit of journaling, this would be a great place to start.

Time for transparency: From the “Lord, Change Me” exercise, is there anything He revealed to you that you would like to share with your Bootcamp group?

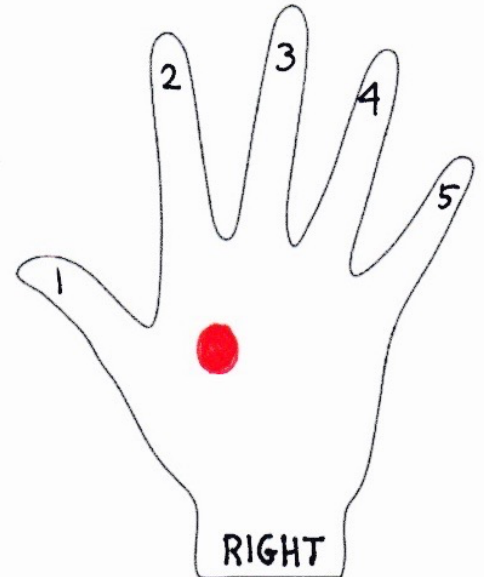
Six lessons and three hand drills later, you now know even more about WHO YOU ARE, WHERE YOU ARE, WHAT YOU HAVE, & WHAT YOU MUST DO (He must increase; i must decrease.)

We are excited about continuing Bootcamp over six more lessons with only one remaining hand drill— the left hand (Satan). We will learn together how to destroy the works of the enemy. You will learn how your RIGHT HAND crushes the left. Congrats on completing the Right Hand!

BOOTCAMP HAND DRILL #3

John 3:30b= *i must decrease*
=continual starving of flesh

1. Crucify it **1st** thing each morning
2. Stop **pointing** your finger at yourself and others
3. Use your **Authority/Power** (tallest)
4. **People** (ring)— Separate from those He says in this season
5. **Places** (pinky)—avoid places He says



Scriptures to look up are below:

(Transfer to index cards those the Holy Spirit highlights.)

1. **Crucify it 1st thing each morning.** Your flesh can't be counseled out, medicated out, or cast out— it must be slain! You are a new creature in Christ—the old has gone! (Galatians 2:20, 2 Corinthians 5:17).
2. **Stop pointing your finger** at others or yourself (the deadly trap of introspection). What you point to (feed) gets BIGGER and BIGGER. "Hush, be still." Discipline yourself to stop reacting. PEACE IS A POWERFUL WEAPON. Quit whistling for the enemy (Mark 4:39, James 1:19).
3. **Use Authority** you have in Jesus to destroy every act of disobedience= Stop the stinkin' thinkin' (silence the lies) with your mind of Christ (2 Corinthians 10:3-5, Colossians 3:2, Luke 10:19, 1 Corinthians 2:16).
4. **People:** Separate from the wicked, the "toxic," the "baiters," etc. *only as He directs.* Pray! (Ephesians 6:12, Psalm 1:1, Proverbs 4:14-15, Matthew 10:34-36, Romans 6:17, 2 Timothy 2:16, 1 Thessalonians 5:22)
5. **Places:** Divorce yourself from "loving the world." Avoid evil (1 John 2:15-16, 1 John 5:19).
**"People and Places" to be covered in more detail in Lesson 10.

Lord, Change Me

1. Pray, “Open my eyes and show me great and wonderful things from Your word” (Psalm 119:18).
2. Begin by reading any passage that God chooses for you from the following scriptures. Pray, “Lord, remove all my preconceived ideas about what this scripture is saying. Speak to me fresh today through Your living word.” Read until God stops you.

2 Samuel 7:18-29

Psalms 63

Psalms 84

Isaiah 55

Hebrews 12:1-15, 25-29

Galatians 5

Philippians 3:7–4:20

Colossians 3

1 Peter

3. When you have read until God stops you, ask Him why He stopped you there.

Ask God what He is saying to you about—

- what needs changing
- sins or surrender
- obedience
- promises
- direction, re-direction, marching orders
- vision and recommissioning for your life
- personal revival
- affirmation
- challenge
- relationships
- His best for you

4. Ask Him how He wants you to receive His word to you. Write your responses. Pause, and honor God’s still small voice. Listen as He gently brings confirmation to your spirit. Express your heart, as you write a letter to your Dearest One.

5. Continue reading where He leads. Ask Him what else. It may be a cross reference or another passage. Let Him direct you and stop you. Be sensitive, listen, and respond. Write down what He is saying.

6. Seal your time by reading and praying Psalm 85:6-13, first for you and then for what God wants it to mean for your family and your church.

Spiritual Bootcamp & More Lesson 7— The Enemy’s Left Hand: Who He Is and How to Resist Him

*Watch Lesson 7 video(s) on *spiritualbootcampandmore.com*.

Congratulations! You have already completed half of Bootcamp and have learned three important hand drills. They are foundational as we move this lesson to the fourth and final drill (left hand), which represents the enemy. In the Bible, there is much significance in right vs. left. Practically speaking, in Bible times the right hand was their clean hand, as it was used for greeting and eating. The left hand was used for cleaning and wiping. In the Bible, the right hand symbolizes strength, blessing, and wisdom while the left symbolizes weakness, judgment, and foolishness. In Bootcamp, remember that your right hand is the good hand (you in Christ) and the left hand represents your enemy. First and foremost, let’s take a look at what the Bible says about your enemy. You never want to focus on him, but you must learn from the Word who he is and how he operates so that you can learn to *consistently and promptly* resist him. He never takes a day off in his efforts to destroy you, so you can’t take a day off in resisting him. *You’ve been given all the spiritual weapons you’ll ever need to resist this already defeated foe!*

Using the pages entitled “Scriptures on the enemy” (p. 47) and “Hand Drill #4” (p. 48), answer the following fill-in-the-blanks or questions.

1) List a few names and characteristics of the enemy. You must learn his identity to be able to recognize how he works.

2) Read Ephesians 2:1-2. Satan is called the “ruler of the kingdom of the _____, the spirit who is at work in those who are _____.” 1 John 3:8 says “the one who does what is sinful is of the _____” and “the reason the Son of God appeared was to _____ the _____.”

3) Read 2 Corinthians 4:4. Satan is called the “god of this _____.” This would be a good time to refer back to Lesson 3 and the scripture pages on the Kingdom of Light vs. the kingdom of darkness (pp. 19-20).

4) Write Colossians 2:15. _____

The above verse clearly tells us that Satan is a defeated foe. The enemy *has been* defeated—past tense. Confusion can enter if you do not understand that Satan still has some “limited authority” as the “ruler of the world.” The authority he has is only because God has given it to him for a period of time. You also give him limited authority anytime you agree with his lies and deceptions. Being a defeated foe certainly does not mean that he has no influence. There is no better story to illustrate these points than one told by Dr. James Dobson involving a large snake in a missionary’s tent. This missionary entered his tent one day, only to find that a very large and deadly snake had taken up residence. After a short period of time, a machete was used to cut off the serpent’s head. What immediately followed caused quite the uproar. The headless

serpent flipped its large and powerful body around for quite some time, causing extensive damage and ultimate caving in of the tent. What remained was a pile of rubbish and a headless snake. The analogy is quite clear. Satan was decapitated at the Cross and permanently defeated, but he can and does cause damage as “the ruler of the world” (John 14:30) until Christ returns. As a believer you live in this world, but you are a citizen of another Kingdom—the Kingdom of Light, with Jesus ruling and reigning. Hallelujah! King Jesus, your ruler, does not want you to be unaware of the enemy’s schemes. To help with this, take a look at hand drill #4 on p. 49— the enemy’s left hand.

5) According to John 10:10 the enemy has come to _____, _____, and _____ . This is his #1 job.

Look back at your answers from question #1. Your answers speak to his identity. You must know his identity, but more so, you must know and use yours. The enemy uses his identity and his schemes in an effort to steal your identity as we discussed in Lesson 2. Let’s dig a little deeper into the Word.

Write Ephesians 6:11-13. Use a translation that uses the word “schemes” or “strategies” such as the ESV, AMPC, NAS, NIV, or NLT.

The Greek word for “scheme” or “strategy” is *methodeia* (Strong’s Concordance 3180) and in the context of this verse it means *an orderly and highly technical method to be used against you*. This should cause zero fear because you have the full armor of God (Ephesians 6:10-18) available to you 24/7/365. Knowing about the armor and walking in the full armor are two different realities. You must choose to *put it on by faith and keep it on through obedience*.

6) Remember that finger #2 in this drill represents the pointer finger. The enemy will always be pointing (tempting) you to his kingdom of darkness, i.e., the _____ thus away from the Kingdom of Light. He is also a master in pointing you to “the _____” which can be an enemy of the best. Remember, it doesn’t have to be dark or worldly to be of the enemy. Think for a moment about “your pinky finger” (represents your flesh) of your right hand. *It will line up with the enemy*. The enemy will tempt you to pay way too much attention to yourself. The flesh loves to be stroked. Your flesh will point to YOU over and over and over. “ME, ME, ME...It’s ALL about ME!” is what it screams over and over, as it lines up with the enemy. You must be aware of his schemes. Much of this is repetitive, but this is how we learn in Bootcamp— the enemy is repetitive with his advances and we must be repetitive in resisting.

7) Our tallest finger in hand drill #4 represents this _____ authority that Satan has been _____. Remember, he has no power or authority of his own— he has only what he is able to deceive you into giving him. You give Satan authority and power into your life every time you agree with his lies and deceptions.

Think back to the original right hand drill #1. Your middle finger represents the authority and power you have in Christ and it far exceeds the limited authority of the defeated enemy. *You must exercise your authority— it is not automatic!*

8) Fingers 4 and 5 in the left hand drill represent _____ and _____. These two are major ways the enemy works to gain a foothold or should we say “upper left hand” into your life. They will be covered in some detail in Lesson 10.

9) Write James 4:7 _____

What are the two conditions for you “to do”? 1) _____
_____ and 2) _____

What is the promise when you meet the two conditions in this verse? _____

The Greek word for “resist” in this verse is *anthistemi* (Strong’s Concordance 436), which means *I take a stand against*. This word is a verb, and many times it is an action verb. Resisting the enemy at times is simply standing in faith and waiting on the Lord to fight the battle. However, there are times when He is guiding you to pick up your spiritual weapons and come against the enemy. *Resisting is never automatic*. It either requires “faith to stand” or “faith to stand and wield your weapons.” It is only in the secret place of His presence that you “know that you know that you know” what weapon to pick up or to put down. This *anthistemi* is a fascinating word and one that is quite easy for you to remember. It is so very close to the word “antihistamine” because they come from the same two root words. If you get stung by either a single or several hornets it is likely that you’ll either know or be instructed to take an antihistamine like Benadryl. The release of histamines from the bite causes swelling, itching, pain, and at times even more serious side-effects. The “anti-histamine” blocks the further release of histamines and very soon you will improve. What in the world does this have to do with you learning to “resist” the enemy? Well, just as quickly as you’d reach for the Benadryl after a hornet bite, you must learn to quickly “resist” the enemy by picking up your personal spiritual weapons.

As a review, write your spiritual weapons (from hand drill #2— fingers 1-3 in order):

1) _____ 2) _____ 3) _____

With these “personal spiritual weapons” fresh in your mind, it’s time to learn what will seem like the silliest phrase in all of Bootcamp. Before you think this is too corny, remember that Bootcamps are always about muscle memory formed by repetition. It’s much easier to catch and reteach something you already partially know. The silly phrase to illustrate our three personal spiritual weapons written above is “Paper, Rock, Scissors.” Interestingly enough, Wikipedia has a lot of information on this hand game which has been around for hundreds of years. Most generations in this country have played this game and understand the hand symbols for each. In Bootcamp’s “Spiritual Paper, Rock, Scissors” the “Paper” is The Word

(Bible), the “Rock” is Jesus our intercessor (Prayer), and “Scissors” represents Praise which cuts through the darkness! The Word, Prayer, & Praise... The Word, Prayer, & Praise... Now practice “Paper, Rock, Scissors” using your right hand onto your left hand. Your right hand overpowers the enemy’s left hand every time, *but only if you choose to use it*. All three weapons work and they work either alone or together. “Paper, Rock, Scissors” is POWER! Your right hand crushes that nasty left hand every time. Only God uses the most unlikely simple things to teach the powerful things!

10. Concerning “Points of Vulnerability” write 2 Samuel 17:2. _____

The above verse speaks to a very common tactic of the enemy. He has studied you and he knows and waits for “that opportune time” to attack (Luke 4:13). You must be aware of your own points of vulnerability and be on guard. The acronym **H. A. L. T.** has been used to teach people to “stop, drop, and pray” or should we now say “Paper, Rock, Scissors” whenever they find themselves either **Hurt, Angry, Lonely, or Tired** (or whatever words fit for their personality— for example the “H” might stand for “Hungry” for some). The bottom line is that the enemy will hit you when you aren’t at your best— an “opportune time” for you to fall for his scheme. He will tempt you to lose your peace, thus cracking the door wide open to operating in the wrong kingdom. When you give the enemy an inch, he will attempt to become a ruler.

Let’s Get Practical and Transparent:

Before continuing, here is another snake story which was written as a 10-step practical approach for volunteers working in the Amazon Jungle in case of an attack by an anaconda. These are the largest snakes in the world, weighing 300-400 pounds and reaching up to 35 feet long.

1. If you are attacked by an anaconda, do not run. The snake is faster than you are.
2. Lie flat on the ground. Put your arms tight against your sides, your legs tight against one another.
3. Tuck your chin in.
4. The snake will come and begin to nudge and climb over you.
5. Do not panic.
6. After the snake has examined you, it will begin to swallow you from the feet end—always from the feet end. Permit the snake to swallow your feet and ankles. Do not panic.
7. The snake will begin now to suck your legs into its body. You must lie perfectly still. This will take a long time.
8. When the snake has reached your knees, slowly, and with as little movement as possible, reach down, take your knife and very gently slide it into the side of the snake’s mouth between the edge of its mouth and your leg. Then suddenly rip upwards, severing the snake’s head.
9. Be sure you have your knife.
10. Be sure your knife is sharp.

Take a deep breath... This 10-step list circulated online years ago and was written for humor, not practical advice. However, there is a powerful spiritual analogy to be seen and remembered. The anaconda is Satan, the jungle is the world, you are the volunteer, and the knife represents the Word, your alive and sharp spiritual weapon. Now you can just bet that no volunteer would ever venture into that jungle without a knife, much less a dull one. Now, with this in mind, let's get practical and transparent concerning any "anacondas" in your life.

a) Where are you currently being attacked by the enemy?

b) What do you do the moment you recognize that it is an attack?

c) Ask Him to show you from His Word what you can do better and faster.

d) Are you using the Word (verses) on your index cards to decapitate the enemy when he comes at you with lies, fear, doubt, etc. ? _____ If no, why not?

e) Would you like to share a personal testimony about this since Bootcamp started?

EXTREMELY IMPORTANT: “The Three Omni’s & The Three ‘You’ll Never Understand’ Verses”

You have entered this second half of Bootcamp with the emphasis being on teaching you more about spiritual warfare. Learning to crush the left hand with the right is a must, but it’s even more important to learn not to give the enemy a foothold at all. The remainder of Bootcamp uncovers these footholds. Before we go there next lesson, this is a wonderful time to review a few things of which you must never lose sight. These must be kept in the front of your mind as you continue your faith journey (not a “sight” journey). There will be times that you have more questions than answers and that is just fine. God is building your faith muscles. This is the reason to review “The Three Omni’s” and “The Three ‘You’ll Never Understand’ Verses.” The Holy Spirit is your personal trainer, teaching you little by little. There is much repetition, but it is for a reason. Isaiah 28:10 (NLT) says it straight: “He tells us everything over and over—one line at a time, one line at a time, a little here, and a little there.” Trust Him and His process with you. Trust His timing.

“The Three Omni’s” to never lose sight of (The enemy will tempt you to doubt these, that is his job.):

- 1) GOD IS **OMNIPOTENT**— He alone is all powerful.
- 2) GOD IS **OMNIPRESENT**— He alone is ever present, everywhere.
- 3) GOD IS **OMNISCIENT**—He alone is all-knowing.

“The Three ‘You’ll Never Understand’ Verses”: Don’t try to figure this stuff out; just trust Him. He’s the “Three Omni’s” and you are not!

- 1) 1 Corinthians 13:12 “Now we see things imperfectly like a puzzling reflection in a mirror, but then we will see everything with perfect clarity. All I know now is partial and incomplete, but then I will know everything completely, just as God now knows me completely” (NLT).
- 2) Romans 11:33 “Oh what a wonderful God we have! How great are his wisdom and knowledge and riches! *How impossible it is for us to understand his decisions and his methods!*” (TLB, emphasis added).
- 3) Isaiah 55:9 “As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.”

Time to wrap it up:

Let’s close this lesson with a paragraph from that powerful classic *Screwtape Letters* by C. S. Lewis. He explains, “There are two equal and opposite errors into which our race can fall about the devils. One is to disbelieve in their existence. The other is to have an excessive and unhealthy interest in them. They themselves are equally pleased by both errors...”

We will not end this lesson by repeating this left hand drill as we did with the other three of the right hand. **What you focus on will always look BIGGER.** Look at your hands and visualize a HUGE RIGHT HAND doing the Paper, Rock, Scissors to a shriveling up, nasty little left hand. The NKJ version of Psalm 18:34 is “He teaches my hands to make war!” and Psalm 44:5 tells us, “Through you we push back our enemies—we trample our foes.” Congrats on completing Lesson 7 with the final hand drill and surviving not just one, but two huge snake stories! Be still and keep your knife sharp! You are getting stronger every day. A “Most High Five”—with the right hand of course!

Scriptures on our enemy (Satan, the devil, ruler of this world)

Colossians 2:15 “And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross.”

1 John 4:4 “You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world.”

John 10:10 “The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.”

1 John 3:8 “The one who does what is sinful is of the devil, because the devil has been sinning from the beginning. The reason the Son of God appeared was to destroy the devil’s work.”

2 Corinthians 11:3 “But I am afraid that just as Eve was deceived by the serpent’s cunning, your minds may somehow be led astray from your sincere and pure devotion to Christ.”

John 8:44 “You belong to your father, the devil, and you want to carry out your father’s desires. He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.”

1 Peter 5:8-9 “Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of suffering.”

2 Corinthians 2:10-11 “Anyone you forgive, I also forgive. And what I have forgiven—if there was anything to forgive—I have forgiven in the sight of Christ for your sake, in order that Satan might not outwit us. For we are not unaware of his schemes.”

Ephesians 2:1-2 “As for you, you were dead in your transgressions and sins, in which you used to live when you followed the ways of this world and the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient.”

2 Corinthians 4:4 “Satan, who is the god of this world, has blinded the minds of those who don’t believe. They are unable to see the glorious light of the Good News. They don’t understand this message about the glory of Christ, who is the exact likeness of God” (NLT).

1 John 5:19 “We know that we are children of God, and the whole world is under the control of the evil one.”

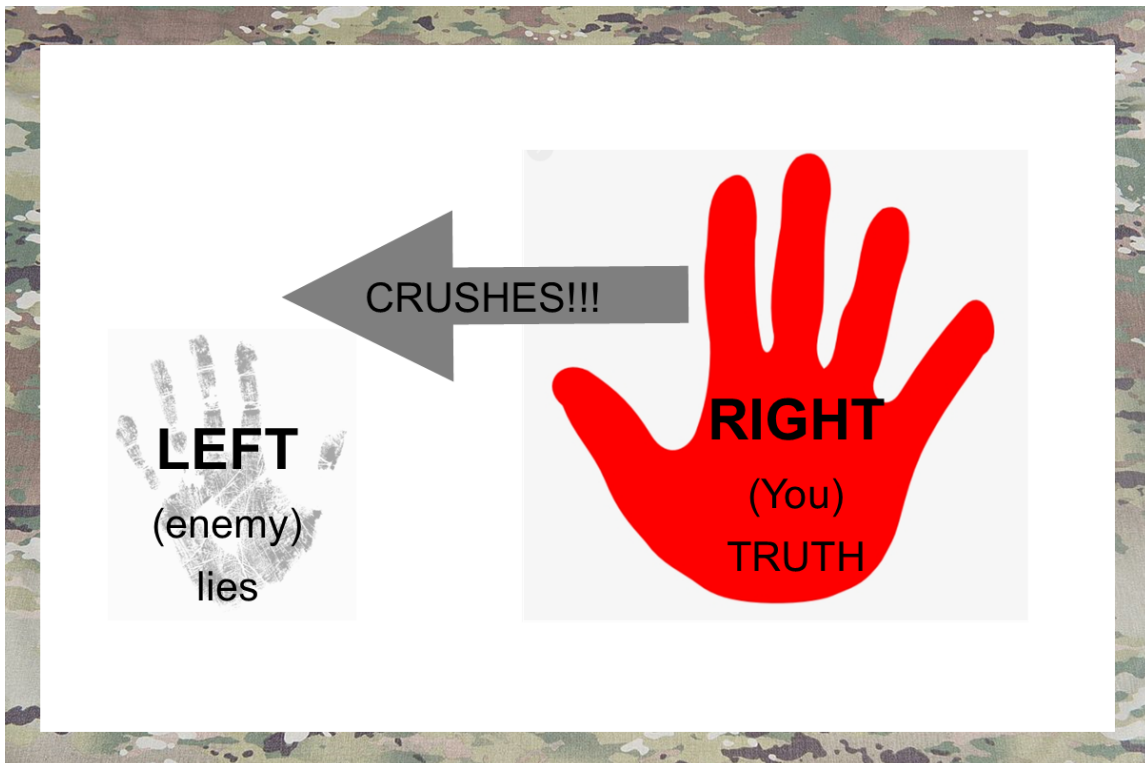
2 Thessalonians 2:9-10 “The coming of the lawless one will be in accordance with how Satan works. He will use all sorts of displays of power through signs and wonders that serve the lie, and all the ways that wickedness deceives those that are perishing. They perish because they refused to love the truth and so be saved.”

Matthew 4 & Luke 4 (Satan tempts Jesus in the wilderness three time and then waits for “*an opportune time.*”)

BOOTCAMP HAND DRILL #4: The Enemy's Left Hand

- 1) **His #1 JOB** is to steal, kill, & destroy YOU (John 10:10). His identity is a thief, killer, destroyer, liar, deceiver, masquerader (“angel of light”), manipulator, etc., He uses his identity and schemes to try to steal your identity thus your purposes and destiny.
- 2) **“POINTS”** (tempts) you to his kingdom of darkness (the world)—points you AWAY from the Kingdom of Light by pointing to circumstances, your past, even “good”— anywhere away from the King and His Kingdom; Matt. 4 (Jesus tempted in the desert three different ways—same for you)
- 3) **What he has (is given)— limited authority** (restricted, temporal)—in the world (“ruler of the world”: John 12:31; “god of this age”: 2 Cor. 4:4; “ruler of the kingdom of the air”: Eph. 2:2)
- 4) **PEOPLE**— he can work through anyone, especially you (mind of the flesh—your own voice, Rom. 8:6), others, “angels of light”-2 Cor.11:14, your family and the “past” (generational curses) (Ex. 20:5). You must learn to separate the person from the spirit working through that person.
- 5) **PLACES**— he tempts you to revisit “the palace of hurt emotions” (memories); tempts you to campout at existing strongholds in your mind; tempts to build new strongholds where you are practicing stinkin' thinkin,' tempts you with stray evil thoughts (2 Cor. 10:5-6; Col. 2:8; Matt. 9:4). A dark place in your mind is just as good and easier to tempt you with than a “dark geographical place.” REMEMBER, THE BATTLEFIELD IS YOUR MIND. The real War has already been won!

James 4:7 “Submit yourselves then to God. Resist the devil, & he will flee from you.”



Trifold illustration of "PAPER, ROCK, SCISSORS!"
RIGHT hand crushes the left

"PAPER, ROCK SCISSORS!"



DRILL # 4

LEFT (enemy)

1) #1 JOB:
 John 10:10

2) "Points":
 Matt. 4-"Tempts"

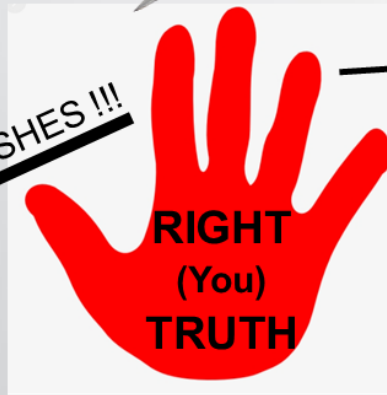
3) authority-limited,
 given

4) PEOPLE-you,
 family, others

5) PLACES-
 "the palace"



CRUSHES !!!



↑ SPIRIT :

- 1) The Word = "Paper"
- 2) PRAYER = ROCK
- 3) PRAISE = Scissors!"



"Your Weapons"

1John 4:4 ". . . The one who is in you is greater than the one who is in the world."

James.4:7 "Submit yourselves, then, to God. Resist the devil, and he will flee from you."

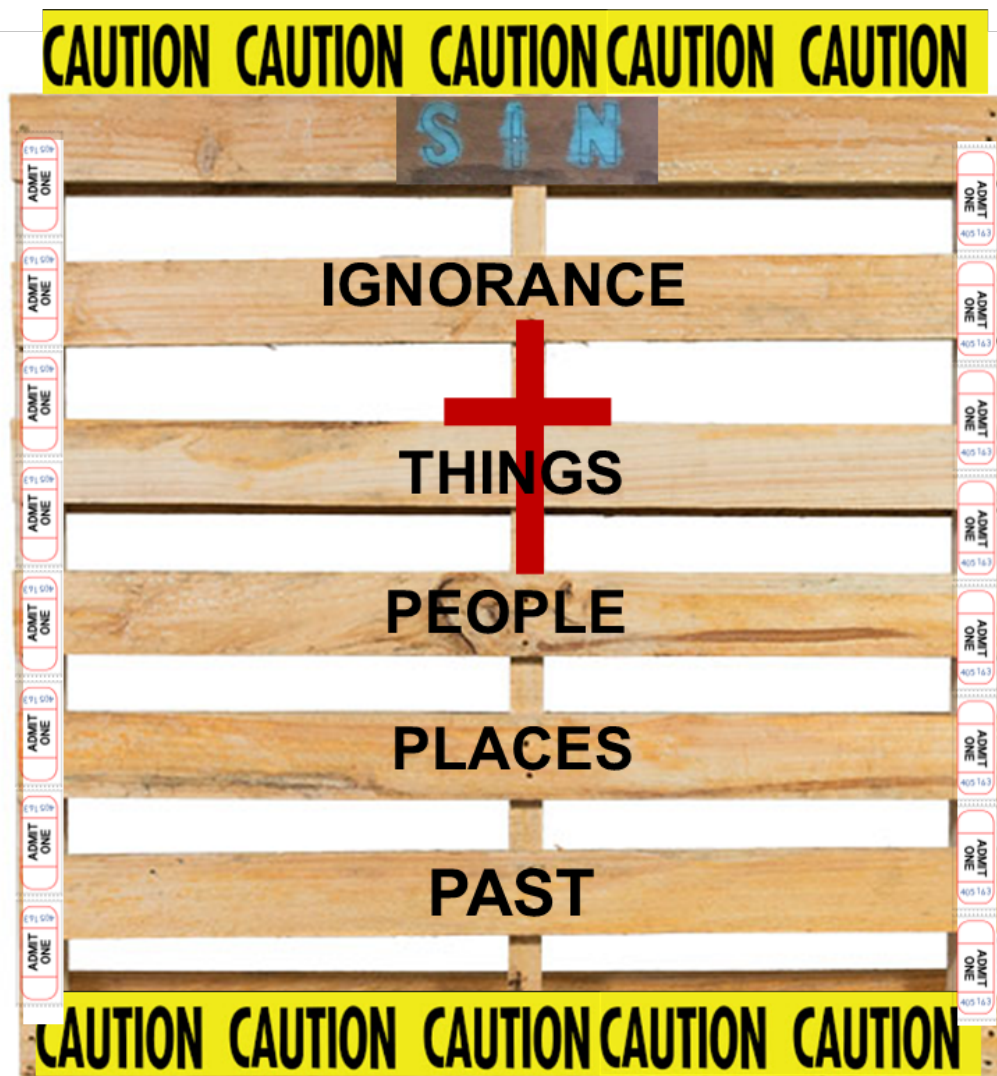
Spiritual Bootcamp & More 8— CAUTION: SIN & IGNORANCE

Don't give the enemy a foothold.

*Watch Lesson 8 video(s) on spiritualbootcampandmore.com.


The first half of Bootcamp focused on your right hand. You learned more about *who you are, where you are, what you have, and what to do—He must increase; i must decrease.* This last half is designed to help you recognize the schemes of the enemy (dirty left hand), which will continually attempt to fight against you and all that God has planned and purposed for you. As has been said before, you never want to focus on the enemy because that is a sure way to get out of balance. However, it is crucial that you understand what the Bible says about the ways he attempts to gain an entrance, an upper hand, or let's say a foothold into your life. Cunning, devious, crafty, and sly are but a few adjectives to describe your ancient foe. He studies you thoroughly and knows your every weakness more than you do. He is very patient in waiting for “an opportune time” (Luke 4:13) in which to step onto your scene.

CAUTION: “The Big 6” Footholds Satan uses against you



“The Wooden Pallet”: Turn back over to the previous page and take a long hard look at this decorated wooden pallet. It is a visual reminder of just a few of the major ways the enemy attempts to gain footholds into our lives. Each of the slats represents one of the “big 6” categories he uses, thus the yellow “CAUTION” tape. The “Admit One” tickets might not be quite as obvious as they decorate the edges. Many times because of our own sin or ignorance, we give the enemy a free ticket right into our life. He is a legalist and takes full advantage of our missteps. The enemy also loves to “pile on,” and he seldom travels alone. Our “Admit One” usually turns into “Admit Many More.” We’ll use the decorated wooden pallet for the remainder of Bootcamp. This lesson we’ll discuss two top footholds the enemy uses: SIN & IGNORANCE. Take a look at the word SIN on the photo of the pallet. The paint bled right into the wood. That certainly drives home the point that SIN is never neat or clean— it seeps all around and can even be difficult to see at times. You’ve probably heard the quote, “Sin will take you farther than you want to go, keep you longer than you want to stay, and cost you more than you want to pay.” Only Jesus Christ has the remedy for all sin— present, past, and future. Billy Graham said that “the cross shows the seriousness of our sin, but also the immeasurable love of God.” The antidote to SIN and the rest of this old wooden pallet is the immeasurable love of Jesus on the “Old Wooden Cross.” “Indeed, nothing in all creation will ever be to separate us from the love of God that is revealed in Christ Jesus our Lord” (Romans 8:39, NLT).

Definition of sin: The Greek word for sin is *hamartia* (Strong’s Concordance 266) and it means *missing the mark; loss; forfeiture because of missing the mark; not empowered by God but self*. Sin can be by omission or commission in thought and feeling, or speech and action. If hitting the bullseye is obedience to God’s Word, then anything that “misses that mark” is disobedience or sin. Sin is not a gray zone. It is not little. It is always big to God. It cost Him His Son.



“SIN”
(Greek: *hamartia*)

- “Miss the mark”
- “Forfeiture of power”
- Grieves the Holy Spirit and quenches the flow

St. Augustine’s “four stages” of man:

Stage One: Man was born *able to sin*.

Stage Two: After the fall man is *not able not to sin*.

Stage Three: After conversion man is *able not to sin*.

Stage Four: After glorification man is *not able to sin*.

Genesis 3 (The Fall of Man). What were the first recorded words of Satan (disguised as a crafty serpent)? _____

What were the first recorded words of woman? _____

Isn't it interesting that the first recorded words of Satan is to a woman, and the first recorded words of woman is to Satan? Eve should have never engaged him. She made the first mistake by ever listening to his question. She listened, *then she spoke truth*, but then she listened again, and this time he spoke the lie, "You will not surely die." The rest is history— the original sin because she listened then believed the father of lies and deception.

Have *you* been conversing with the enemy recently?

Could there be a “sympathetic base of operation” (landing zone for the enemy) in you? The enemy should have “nothing in you” to work with. This “sympathetic base of operation” (receptor or hook) means that there is something in you that the enemy successfully works through over and over. So he sort of “has a base of operation” to trick you into believing his lies. A common example would be fear or worry. Ask the Holy Spirit to reveal any “enemy base” he is operating from in you, and use the space below to write down anything that you already know, or is revealed.

Write the words Jesus spoke from John 14:30, Amplified Bible, Classic Edition (AMPC).

Write Genesis 4:7 _____

What is crouching at your door? _____ . “It desires to have _____, but _____ must _____.”

Why is sin so rampant in the camp?

- 1) No fear of a Holy God— don't realize the consequences of sin
- 2) Don't know the Word (ignorance)

Write Exodus 20:20 _____

In John 5 Jesus healed a man who had been an invalid for thirty-eight years. He sees him again in the temple (verse 14) and says, “See, you are well again. Stop sinning or _____.”

Write James 1:15 _____

Read James 4:17 and fill-in-the-blank: “If anyone, then, knowing the good they ought to do and doesn’t do it, it is _____ to them.”

Read Hosea 4:6 and fill-in-the-blanks: “My people are destroyed from _____
_____’Because you have rejected knowledge, I also reject you as my priests; because you have _____ the law of God, I will also ignore your _____.”

Read Deuteronomy 11:1,22-28 (NIV) and fill-in-the-blanks: “Love the LORD your God and _____ his requirements, his decrees, his laws and his commands _____... If you carefully observe all these commands that I am giving you to follow— to love the LORD your God, to walk in _____ and to hold fast to him— then the LORD will drive out nations before you, and you will dispossess nations larger and stronger than you. Every place you set your foot will be yours...No _____ will be able to stand against you...See, I am setting before you today a _____ and a _____ — the blessing if you _____ the commands of the LORD your God that I am giving you today; the _____ if you _____ the commands of the LORD your God and turn from the way that I command you today by following other gods, which you have not known.”

Deuteronomy 11 is a multiple choice test with the answer key! **Blessings flow from obedience; curses flow from disobedience.**² It is just that simple. We curse ourselves every time we “miss the mark.” It is our fault. The devil did not make us do it, but he will certainly take advantage of it. The real enemy is either ignorance of the Word, or worse, a failure to obey it.

Discussion time: If walking in obedience to God’s commands (not suggestions) is a problem, what is the real underlying problem? What is the root of disobedience? (Read the scriptures below to help answer these questions.)

John 15:14 “If you love me, you will obey what I command” (ESV).

1 John 2:3-6 “We know that we have come to know him if we obey his commands. The man who says ‘I know him,’ but does not do what he says is a liar, and the truth is not in him. This is how we know that we are in him: Whoever claims to live in him must walk as Jesus did.”

² Jo Hancock *His Vessel Ministries* ©

Let's Get Practical and Transparent:

1) Transfer the scriptures that the Holy Spirit has highlighted onto index cards and meditate on them throughout the day. The alive Word over and over will rewire your mind.

2) The best way to find out what you don't know is to ask. "You don't know what you don't know" certainly can apply to sin that could be hidden from you. You know they are called "blind spots" because we can't see them.

Pray Psalm 139:23-24. Be still and listen. "Search me, O God, and *know* my heart; test me and *know* my anxious thoughts. See if there is any offensive way in me and lead me in the way everlasting."

The Hebrew word for *know* in this passage is *yada*. *It means to make it known to you* (Strong's Concordance 3045). Of course God already knows everything about you. To quote Max Lucado, "God loves you just the way you are, but He *refuses* to leave you that way. He wants you to be just like Jesus." This transformation process (sanctification) is the work of the indwelling Holy Spirit, but you have the choice of cooperating with Him or not. Getting up on the "spiritual surgery table" and staying there is what you need to do. Keep asking Him to shine His Light and show you what you don't know. He looks at the heart motive behind everything you do, say, or think. You are asking Him to "make it known to you" so you can confess it and get cleansed. Praying this verse daily will result in amazing growth.

The enemy does not want to lose his foothold thus base of operation so he's fighting hard for you to either do nothing or simply keep playing defense which gains zero territory. You have everything you need in your (His) righteous right hand to crush the enemy's nasty left hand. ***It's time to play offense.*** Greater is He who is in you (1 John 4:4). You can do it because you are more than a conqueror (Romans 8:37). This is how the Kingdom of God advances in and around you. "And from the days of John the Baptist until now, the kingdom of heaven has been forcefully advancing, and forceful men lay hold of it" (Matthew 11:12).

3) After praying Psalm 139:23-24 what did He reveal to you and what are the action points He wants you to take?

When God reveals where we have "missed the mark" intentionally or unintentionally, there must be confession *and* repentance (the decision to "turn around"). You U-turn from the sin towards God. My favorite teacher and spiritual father, Dr. R.T. Kendall, says it best: "Spiritual maturity is closing the time gap between sin and repentance." Sometimes the confession needs to extend to another person. Let the scriptures below guide you.

1 John 1:8-9 "If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

James 5:16 "Therefore confess your sins to each other and pray for each other so that you may be healed."

4) Are there any additional action points you need to take?

5) Let's get practical concerning "ignorance of the Word" or simply "not hearing" His Voice. One of the more common complaints heard amongst believers is "I can't hear His Voice." The answer is usually sitting in their laps— their Bible. There is no formula other than getting into the alive Word so that the alive Word gets into you. *He is always speaking.*

Do you have a *daily* Bible reading plan? _____ Are you consistent? _____

If you are not disciplined in reading and meditating on the Word, the enemy is absolutely thrilled. The last thing he wants for you to do first thing each morning is the collection of fresh manna for you and "those in your tent." Jesus got up "very early to meet with His Father" (Mark 1:35) so how much more do we need that anointed time? "The Word, Prayer, & Praise" each morning are crucial for consistent, victorious, abundant living. Next lesson, we'll talk about some of the more common reasons that intimacy with the Father gets crowded out, but for now maybe it's time to "begin again" if you've fallen away from getting in the Word and prayer consistently. Intimacy with Jesus takes place over time and discipline. There are no shortcuts. The facts are that we all make time for whomever or whatever is the most important to us. "The person who has My commands and keeps them is the one who [really] loves Me..." (John 14:21, AMPC).

6) What is the Holy Spirit leading you to do to "begin again" if you have not developed these spiritual disciplines of Bible reading and prayer?

7) If being disciplined getting into the Word and prayer is a strength for you, but has not always been, this would be a great time to share your testimony of how this happened and the results you have experienced. Use this space to briefly share your testimony. Please include practical tips. _____

8) **For those wanting to go deeper...** The secret is the secret place of intimacy with Jesus. Everything flows from that place. The answer to every problem is found there. The strategy to loosen every foothold of the enemy is there. The peace and joy you need 24/7 is there. The secret place is His Presence. Check out *100 Days in the Secret Place* compiled by Gene Edwards (Classic writings from Madame Guyon, Francois Fenelon, & Michael Molinos on the deeper Christian life). Another classic is *Practicing His Presence* by Brother Lawrence.

Congrats on completing Lesson 8! Trusting that some enemy territory of SIN & IGNORANCE has been exposed and crushed. A right handed "Most High Five"! See you at Bootcamp group.

Spiritual Bootcamp & More Lesson 9—

CAUTION: Do not love the world or the “**THINGS**” in the world.
Don’t give the enemy a foothold.

*Watch Lesson 9 video(s) on *spiritualbootcampandmore.com*.

Bootcamp moves to the middle of the pallet this lesson as we’ll focus on “**THINGS**” which the enemy strategizes to gain footholds into your life. Of course there is much overlap, as ultimately every foothold category the enemy uses is to cause that top platform of “**SIN**” which we covered last lesson. In review, sin is simply “missing the mark” which short-circuits the power of the Holy Spirit in your life. This lesson is very pivotal. No one is exempt or far from the reach of the enemy because, as the Bible teaches us, Satan is the “ruler of this world” (John 14:30). He controls this *kosmos* (Strong’s Concordance 2889), or world system, through lies and deception, and many a sincere follower of Christ have fallen prey because they did not understand his subtle and most crafty schemes against them. Now take a long look at the photo below and pray for the Holy Spirit to guide you into all of the truth He has for you concerning “loving the world or the things in the world.”



1) Our theme verses for this lesson are 1 John 2:15-17. Read them in multiple translations and then fill-in-the-blanks below.
“Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world— the _____,
the _____, and the _____,
is not from the Father but is of the world. And the world is passing away, and the lust of it; but he who does the will of God abides forever” (NAS).

2) In your own words define “lust.” _____

The Greek word for lust is *epithumia* (Strong's Concordance 1939)= *a longing for what its forbidden, inordinate desire, craving*

3) Write 1 John 2:16, Amplified Bible, Classic Edition (AMPC) _____

Let's break down the three classes of "THINGS" in the world system. The enemy will tempt you with one of these three classes every time, no exceptions.

#1 "**Lust of the flesh**": the temptation to feel physical pleasure from some sinful activity— to do something to make the flesh feel satisfied

#2 "**Lust of the eyes**": the temptation to look upon something we shouldn't look upon, or to have things we should not have

#3 "**Pride of life**": the sinful temptation for excess greatness, power, or recognition

4) Take a look at Satan's temptation of Eve in Genesis 3:6 and Jesus in Matthew 4:3-11 and then write in each of the three classes of "THINGS" discussed above.

Genesis 3:6 "When the woman saw the tree was good for food [**lust of the _____**], and that it was pleasing to the eye [**lust of the _____**], and also desirable for gaining wisdom [_____ **of life**], she took some and ate it. She also gave some to her husband, who was with her, and he ate it."

Read Matthew 4:1-11. "The tempter came to him and said, 'If you are the Son of God, tell these stones to become bread [**lust of the _____**]'. Jesus answered, 'It is written: 'Man does not live by bread alone, but by every word that comes from the mouth of God.'... 'If you are the Son of God, throw yourself down. For it is written: 'He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone [_____ **of life**]'. Jesus answered him, 'It is also written: 'Do not put the Lord your God to the test.' Again the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor [**lust of the _____**]. 'All this I will give you,' he said, 'if you will bow down and worship me.' Jesus said to him, 'Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only.'" Then the devil left him, and the angels came and attended him."

As we have previously stated, the same classes of "THINGS" Satan used on Eve and on Jesus he will use on you. There is really nothing new under the sun, but know that The Son always provides a way of escape for you (1 Corinthians 10:13). The "THINGS" might look a little different with each generation, but it always falls under one of the three categories: lust of the flesh, lust of the eyes, or the boastful pride of life. ***Isn't it interesting that Adam and Eve fell by eating and Jesus overcame by fasting.***

Pray and ask the Holy Spirit to show you what He wants to show you as it relates to the three classes of things in the world system. The “eye candy” in the world is ever before us. The ruler of this world and his demonic forces never weary of attempting to separate your face from “The Face” of the One and Only Jesus. The bottom line is that the enemy wants to steal, kill, and destroy *intimacy with Jesus* from you and he will go to every extreme to reach that goal. He attempts to steal your purpose thus divine destiny every single day. Even good things can become the enemy of the best. You must resolutely decide each morning whose face you will seek. Use the space below to write anything the Holy Spirit has been showing you. Capture it quickly as the enemy will attempt to steal it through distractions and procrastination. This is a wonderful time as well to share testimonies of His faithfulness in “taking away things” and “adding things.”

Let’s Get Practical:

Meditate on Matthew 6:33. “Seek first his Kingdom and his righteousness, and all these things will be given to you as well.”

1) Ask Him for a potential “game changer” as it relates to your morning routine. Use the space below to write anything the Holy Spirit reveals.

2) If you never seem to have enough time for “The One” and ones who are supposed to be *the* priority in your life, ask the Holy Spirit why, and what to do about it. Then to paraphrase John 2:5, “Whatever He says, do it.” Use the space below to write “what He says” and “how to do it.”

3) The most practical way for you to “remove things” and “add things” is to keep praying. No human opinion or effort will ever work, so prayer is the only practical thing to do. You must practice it above all else. It is more than practical. PRAYER IS POWER. PRAYER IS HIS PRESENCE. PRAYER IS PROVISION. PRAYER IS PEACE. Prayer is “all the P’s” in His Kingdom because *prayer is your relationship with Jesus*. Prayer should be like breathing—nonstop communication with your heavenly Father. Your heart must be still, and your ears open at all times.

Take another long look at the photo on the first page of this lesson. What do you see right in the middle? The CROSS...Yes! The Cross is **THE** only way out of any messy or subtle things that

are trying to steal “the stilled quiet heart”— trying to steal intimacy with the One who holds the answers and has the provision for anything and everything you’ll ever need. If your sincere desire is to love and follow Jesus, you will love His Word and people. You will have no room in your heart to love the world or things of the world. Prayer is your key to victory.

Pray the scriptures below and continue to listen for His still, small Voice. Then use the space below to write anything else that surfaces as you pray. This is a wonderful time to write a prayer of thanksgiving for what He is showing you and for the Strength you already have in Him to follow through. Praise Him for what He is doing as you seek Him with your whole heart.

Psalm 119:18 “Open my eyes that I may see wonderful things in your law.”

Psalm 139:23-24 “Search me, and know my heart; test me and *know* my anxious thoughts. Point out anything in me that offends you and lead me in the way everlasting” (NLT). (Remember that *know* means “to make it known to me.”)

Psalm 119:37 “Turn my eyes from worthless things.”

In closing, remember that your heavenly Father doesn’t want you out of this world, He wants this “world system” out of you. The world is not your friend. It is time for everyone to quit giving the enemy a foothold through “things of this world” in order to live and thrive in the Kingdom of God. “Seek first his Kingdom and his righteousness, and all these things will be given to you as well” (Matthew 6:33).

Congratulations on completing Lesson 9! A “Most High Five”! See you at Bootcamp small group. Please come ready to share and pray.

Spiritual Bootcamp & More Lesson 10— CAUTION: PEOPLE & PLACES
Don't give the enemy a foothold.

*Watch Lesson 10 video(s) on spiritualbootcampandmore.com.

Welcome to Lesson 10! Trusting that your faith muscles are getting stronger each week, and that you've learned more about and are actively kicking out many "THINGS" the enemy has been using to steal, kill, and destroy the abundant life Jesus died to give you. This lesson of Bootcamp can be equally, if not more challenging, but with the power of the Holy Spirit, there can be great life-changing advances. Never lose sight of this truth: "Greater is He who is in you than he who is in this world" (1 John 4:4). Your RIGHT hand crushes the left every time, but you must learn to promptly exercise it. Faith must be more active than many realize. You must co-labor. You must not sit silently and allow the enemy footholds through any of the "Big 6." God's Sovereignty is not a license for passivity. Faith must be active for you to be an overcomer and to please the Lord. "And without faith, it is impossible to please God..." (Hebrews 11:6).

The enemy has gained footholds into many lives through "PEOPLE & PLACES." You will learn even more about how the enemy uses "PEOPLE & PLACES" you might never suspect. This lesson is extremely important and it can be a painful one for many. No one is ever exempt from the enemy's schemes using these two footholds. Take a long look at the photo below and in your own words ask God to speak to you very specifically as you work through this lesson and its accompanying scriptures. The Holy Spirit in you is "The Great Revelator" and the main way He will speak to you is through His Word. Dive deeply into His Word and let Him reveal what you need for this season. He is clearing the paths before you to walk in faith for all that He has ahead for you. There will likely be some "PEOPLE & PLACES" that He will ask you to avoid. On the other hand, there may be some with which you'll be asked to reconnect or revisit. Be open and expectant and above all, be promptly obedient. "If you [really] love me you will obey me" (John 14:21, AMPC).



CAUTION: “Stay away from them. Leave them alone.”

2 Corinthians 11:14 “...for Satan himself masquerades as an angel of light.”

Titus 3:10 “Warn a divisive person once, and then warn them a second time. After that, have nothing to do with them.”

Matthew 10:34-36 “Do not suppose that I have come to bring peace to the earth. I did not come to bring peace, but a sword. For I have come to turn a man against his father, a daughter against her mother, a daughter-in-law against her mother-in-law— a man’s enemies will be members of his own household.”

Proverbs 14:7 “Stay away from a fool.”

Proverbs 13:20 “Walk with the wise and become wise, but a companion of fools suffers harm.”

2 Corinthians 6:17 “Come out from them and be separate, says the Lord. Touch no unclean thing and I will receive you.”

Proverbs 22:24 “Do not make friends with a hot tempered person, do not associate with one easily angered.”

1 Corinthians 5:11-13 “But now I am writing you that you must not associate with anyone who calls himself a brother but is sexually immoral or greedy or an idolater or a slanderer, a drunkard or a swindler. With such a man do not even eat. What business is it of mine to judge those outside the church? Are you not to judge inside? God will judge those outside. ‘Expel the wicked man from among you.’”

1 Corinthians 15:33-34 “Do not be misled. ‘Bad company corrupts good character’. Come back to your senses as you ought, and stop sinning; for there are some who are ignorant of God—I say this to your shame.”

Psalms 1:1 “Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers.”

Prov. 3:7-8 “Do not be wise in your own eyes; fear the LORD and shun evil. This will bring healing to your body and nourishment to your bones.”

Use the scriptures above to answer the questions and fill-in-the-blanks on pp. 61-62.

1) List the types of people the Bible warns us to “stay away from & leave alone.” Why?

2) Romans 12:18 “_____ it is possible, as far as it depends upon you, live at peace with everybody.” Circle and put three big asterisks by your answer.

As you know, ***it is not possible to live at peace with everyone***. One of the enemy’s favorite schemes in working through people, is the continual attempt to cause you to lose your peace. *Losing your peace short-circuits the ability to move in His power*. The Holy Spirit becomes grieved. Ephesians 2:14 says “He (Jesus) is our peace” and Psalm 16:8 says “He is at my right hand; I will not be shaken.” *Peace is a most powerful weapon* and because of the indwelling Holy Spirit in you, you have the ability to walk in peace 24/7 no matter who you are around. It is not easy; it is humanly impossible. Only by the continuous control of the Holy Spirit in you can you do this. There is probably no more effective training ground for learning to walk in peace than being around people who, or whose emotions, are controlled by the enemy. There is a clash of two kingdoms. It probably “feels” like a war because it is a spiritual battle. You must learn to hold your peace and walk in the Light to dispel darkness on the inside and the outside. Always remember that the battleground is your mind. The enemy will use people to go after your peace. You must “take every thought captive” (2 Corinthians 10:5) thus making no agreement with the enemy. Remember, there can be no sympathetic base of operation.

Some of you may need to hear that you cannot “fix” the person you are trying to help or get along with. Some of you may need to hear that the enemy can work through those closest to you. Some of you may need to hear that the hardest people to minister to are those closest to you. Jesus was not even able to minister as effectively to his own family or hometown (Mark 6:5). The problem of course was not Jesus! Maybe it is time to let go of unrealistic expectations and ask the Holy Spirit to totally take over and “update” any and all relationships. The Holy Spirit will guide you with absolute precision. His seal is always peace, because He is our peace. Now, let’s see what else He says about peace.

3) Matthew 10:34-36 “Do not suppose that I have come to bring peace to the earth. I did not come to bring peace, but a sword. For I have come to turn ‘a man against his father, a daughter against her mother, a daughter-in-law against her mother-in-law— a man’s enemies will be _____.”

Wow. The above verse could not be more clear. It appears that the enemy often plants the lie that we must remain in close relationship with those in our family as if separating from them would be an unpardonable sin. That lie has taken deep roots in many and the enemy could not be happier. He continues to gain footholds through toxic family relationships. There is much freedom in understanding the real truth about relationships, family and non-family. The goal is always reconciliation and restoration, as we are called as disciples of Christ to be ambassadors and ministers of reconciliation. But remember, only “if” possible. Jesus always provides a way of escape from the enemy, even from the enemy working through those closest to you. *You must learn to separate the person from the spirit working through them*. “For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places” (Ephesians 6:12, NLT).

Look at the words of Jesus from Matthew 10:34-37 in the Passion translation (TPT). “Perhaps you think I’ve come to spread peace and calm over the earth— but my coming will bring conflict and division, not peace. Because of me, a son will turn against his father, a daughter against her

mother and against her mother-in-law. Within your own families, you will find enemies. Whoever loves father or mother or son or daughter more than me is not fit to be my disciple.”

The commentary from *Dake’s Annotated Reference Bible* reads as follows: “Christ is not the actual cause of division, but the occasion of it. Division is caused by rebellion of men against the gospel (2 Corinthians 2:14-17). This shows abnormal and satanic opposition to the gospel.”³

4) Let’s move on from the above mentioned “toxic” people to the ones we’ll refer to as the “masqueraders.” Of course they are toxic as well but are disguising themselves as “angels of light.”

Write 2 Corinthians 11:14 _____

Write James 1:22 _____

Write 2 Thessalonians 2:9 _____

Can Satan work “counterfeit signs, wonders, and miracles”? _____

What were Pharaoh’s magicians able to do in Exodus 7:11 and Exodus 8:7?

It is extremely important never to focus on supernatural signs, wonders, and miracles, because the enemy has power in the supernatural realm as well. If you focus on the supernatural, the enemy will be able to tempt you to follow “masqueraders” or “unbalanced” people. Focus on Jesus, and get the supernatural. Focus on the supernatural, and in time you will more than likely encounter the enemy. The Gospel must always be central, always. The Gospel is of course “The Good News.” When people center their preaching on the “Good News of Jesus”— His power to save, heal and deliver; signs, wonders, miracles and spiritual gifts will follow (Hebrews 2:4). That is His divine order. He is a God of order and not confusion (1 Corinthians 14:33).

An effective analogy to help you understand this very important principle of discerning what is real and what is not involves bank tellers. To avoid deception you must know the truth— the whole counsel of God. So how do you think bank tellers are trained to recognize counterfeit money? Are they trained by studying what is fake and false? Do they spend countless hours looking at the counterfeit money? *No. They spend countless hours studying what is real.* They look at the real. They handle the real. Over and over and over...then when the fake shows up they recognize it because they have been trained by studying the real. Oh, how many sincere Christians are led astray by someone masquerading as an “angel of light.” If you are a “hearer” of the Word and not a “doer,” you could easily fall into deception. “Do not merely listen to the

³ Finis Jennings Dake, *Dake’s Annotated Reference Bible*, NT 129 (commentary on Luke 12:51, 53).

word, and so deceive yourselves. Do what it says” (James 1:22). Focusing on Jesus, and staying in His Word and His Secret Place, will protect you from those sent on assignment by the enemy to lead you astray. If you have ever faced “deception” through people, tell us how God provided a way of escape. What did you learn from your experience?

Time for transparency concerning “PEOPLE” (after a time of prayer):

What are your “next steps” as it relates to relationships? Is it time for a disconnect or a reconnect? Is He training you to “stay in” and “hold your peace” or “step out of the line of fire”? Ask Him and simply obey. He is the Lord of all of your relationships. It is not your choice. Remember, He will never speak something contrary to the whole counsel of His Word.

5) There are many different directions in which to go as it relates to the enemy using “PLACES” to gain footholds into your life. A dark geographical place is too obvious so your enemy often strategizes using non-geographical places to lure you. There is a place he loves to lure people to, especially women, and it is called “the palace of hurt emotions.” The section below with accompanying scriptures will shed light on this dark place in the unrenewed mind.

CAUTION: Do not visit “the palace of hurt emotions.”

Of all the “dark places” in this world you can visit, no place is more readily available to you than “the palace of your own hurt emotions.” This is where the enemy tempts you to go. The battlefield is your mind. Flesh never gets enough attention—good or bad. It wants to be stroked — it loves to lick wounds over and over and over. This morbid wound licking will slow down and in many cases prevent healing that Jesus died to give you. For healing to occur, you must submit to God, and resist the enemy’s temptation to open the door of that dark palace. “Submit yourselves, then, to God. Resist the devil, and he will flee from you” (James 4:7). You definitely have a choice where you allow your body (physically) and your mind (emotionally) to go. Jesus has paid the price already. The blood of Jesus is more than enough to heal every hurt emotion past, present, and future. Healing is available 24/7/365. The scriptures below can be LIFE

CHANGING if you will “just do them” and believe. Hang a “CLOSED” sign on the front door of that stinkin' thinkin' palace!

Isaiah 43:18-19 “Forget the former things; do not dwell on the past. See I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.”

2 Corinthians 10:3-5 “For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of this world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”

Psalms 147:3 “He heals the brokenhearted and binds up their wounds.”

1 Peter 2:23-25 “When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he trusted himself to him who judges justly. He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed. For you were like sheep going astray, but now you returned to the Shepherd and Overseer of your souls.”

Psalms 107:6,10-12,19-20 “Then they cried to the LORD in their trouble, and he delivered them from their distress...Some sat in darkness and deepest gloom...for they had rebelled against the words of God and despised the counsel of the Most High. So he subjected them to bitter labor...Then they cried to the LORD in their trouble, and he saved them from their distress. He sent forth his word and healed them; he rescued them from the grave.”

Colossians 3:2 “Set your mind on things above, not on earthly things.”

Romans 12:2 “Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is— his good, perfect, and pleasing will.”

Isaiah 26:3 “You will keep in perfect peace him whose mind is steadfast, because he trusts in you.”

6) This section on “places” is probably not what you expected. As Bootcamp is about much repetition, remember that **THE BATTLEFIELD IS YOUR MIND**. You have a choice where you go in your mind. It will be helpful to think back to Lesson 3 and your pointer finger= WHERE YOU ARE. When you are seated in the heavenly realms you are living (thinking) in the Kingdom of Light. Staying seated *there* is the answer, but the enemy will tempt you over and over to get up. It starts with only one wrong thought but can escalate quickly to a dark place. The Bible says that you have “the mind of Christ” (1 Corinthians 2:16) but you can choose to pervert your thinking by agreeing with the lies and deceptions of the enemy. *You must quickly use truth to crush the lies*. “Paper, Rock, Scissors” isn't meant to be a cute catchy phrase— *it is meant to be a war cry*. You must learn to resist the enemy's first advances on the battlefield of your mind. 2 Corinthians 10:5 written above tells you “the way out” every time. You must learn to consistently “_____ captive” to the obedience of Christ. The stinkin' thinkin' encompasses way more than what is involved with hurt emotions. There are plenty of other “places” in your mind that the enemy will tempt you to go.

Write Philippians 4:6-7 _____

Now take a look at verse 8 and write down what you are given permission to “think on.”

If your thoughts don't line up with the above you aren't allowed to go there. You'll be visiting a dark place and the longer you stay, the longer you stay. It can quickly become deadly quicksand. It's just better not to go there at all.

7) There are countless other “places” the enemy tempts you to go which may seem quite harmless at first, but could result in a slippery slope of defeat. He is too crafty and you are too smart to fall for something extreme so he “waits for the opportune time” (Luke 4:13) and then attempts to lure you in little by little.

Ask God for discernment and revelation, then list the “places” where the enemy either has gained or has the greatest potential to gain footholds into your life. You know your weaknesses, but your adversary knows them even more. These “PLACES” could be a stronghold in your mind, or a physical location. Remember that a place doesn't have to be evil— it could be “good” but the enemy of God's best place for you.

“Another Evil Place”:

Before wrapping this section up, let's remember that the enemy will use any “PLACE” in an attempt to “steal, kill, and destroy” intimacy with Jesus. For many women, visiting “the palace of hurt emotions” can be as effective as “internet shopping” or “social media” for hours and hours each day. He sets the bait and lures you in, little by little, and is thrilled when some fall into addictive habits and patterns. Men aren't off the hook in this section by any means. The “palace” discussion may seem more applicable to women but men (and women) have temptations to visit what can become equally if not more deadly. How easily the enemy can lure one for example into a “palace of pornography.” It is a deadly place to visit. It will indeed take you farther than you want to go, you will stay longer than you want to stay, and it will cost you way more than you ever expected. Whatever “PLACE” you find yourself in that is not of the Lord, “GET OUT A.S.A.P.” If you would not be proud to take Jesus there with you, DO NOT GO THERE. Any of those “PLACES” are sinking sand. Let your righteous right hand crush that nasty left hand and get out quickly. You have the weapons. You have the power of the living Christ inside of you. Crucify your flesh and be a real man or woman of God. **It is a choice.** Through Him you can do it because you are more than a conqueror and you have power and authority to overcome all evil. Praise Jesus for the finished work of the Cross!

Time for transparency concerning “PLACES”:

Being honest with yourself and others is huge. You’ve probably heard this phrase: “Friends don’t let friends drive drunk.” Well, how about “Friends don’t let friends drive to ‘PLACES’ they should not drive.” We all need accountability.

Will you share what the Holy Spirit has revealed to you concerning avoiding “PLACES” with either your small group or someone else? Remember that the enemy wants to keep things hidden. Allow the Light to dispel darkness. It was never God’s intent for you to navigate this journey of life alone. Use the space below to journal or simply write a prayer of declaration and “seal the deal.” Set up a “stone of remembrance” for what the LORD is doing as you seek Him.

Practical Tips:

The practical tip is just to practice lots of “Paper, Rock, Scissors”— i.e., “The Word, Prayer and Praise.” You have completed a very long and tough lesson as some of the enemy’s schemes using “PEOPLE & PLACES” have been exposed. Your adversary will fight against the decisions you have made or are trying to make. Get into the “Secret Place of His Presence” and let Him work all of this out. You will be amazed at what He does! He is “THE PERSON & THE PLACE” we all need!

CONGRATS on completing Lesson 10. A “Most High Five” for a job well done!

Spiritual Bootcamp & More Lesson 11 — CAUTION: Your PAST Breaking Generational Curses

*Watch Lesson 11 video(s) on *spiritualbootcampandmore.com*.

Congratulations for reaching the bottom of the wooden pallet. We could cover a variety of topics pertaining to your past, but this lesson we'll uncover the past as it relates to the people or generations in your past. This is the past that you had absolutely nothing to do with. The "PAST" might be listed on the bottom, but it can rank at the top as it relates to the enemy gaining a foothold into your life even before you took your first breath. The enemy works hard to keep this topic controversial or hidden. The truth is in the Word. Understanding and applying what the Bible says can be a game-changer not just for you, but for your offspring for generations to come. The enemy will always fight against the principles which result in much freedom, power, and Kingdom advancement. Your heavenly Father knows exactly what you need to know at this stage in your journey. The Holy Spirit in you will guide you into "new truths to you" with exact precision in His way and timing. These truths about how generational iniquities or curses can be affecting you are what can be referred to as some of the "spiritual facts of life" which the enemy fights so hard to keep hidden. Before beginning this exploration into generational curses and generational blessings, please take a look at the photo and pray for wisdom, discernment, understanding, and His timing. Be open and expectant to hear His Voice through His Word and Spirit.



Theme verses (two sides of the “generational coin”):

Exodus 20:5 “You shall not worship them or serve them; for I, the LORD your God, am a jealous God, visiting the iniquity of the fathers on the children, on the third and fourth generations of those who hate me” (NAS). (In other translations “visits the iniquities” = “punishes the sin.”)

Deuteronomy 7:9 “Know therefore that the LORD your God, He is God, the faithful God, who keeps His covenant and His lovingkindness to a thousandth generation with those who love Him and keep His commandments” (NAS).

1 Read Deuteronomy 11:1, 22-28 (NIV) and fill in the blanks: “Love the LORD your God and _____ his requirements, his decrees, his laws and his commands _____... If you carefully observe all these commands that I am giving you to follow— to love the LORD your God, to walk in _____ and to hold fast to him— then the LORD will drive out nations before you, and you will dispossess nations larger and stronger than you. Every place you set your foot will be yours...No _____ will be able to stand against you...See, I am setting before you today a _____ and a _____ — the blessing if you _____ the commands of the LORD your God that I am giving you today; the _____ if you _____ the commands of the LORD your God and turn from the way that I command you today by following other gods, which you have not known.”

The above verses should look familiar to you as you saw them in Lesson 8— CAUTION: SIN & IGNORANCE. Deuteronomy 11 is that multiple choice test with the answer key! **Blessings flow from obedience; curses flow from disobedience.**⁴ It is just that simple. Exodus 20:5 clearly shows that there are “generational curses” for disobedience as well. Jesus is the only answer and He has provided an escape plan by “becoming a curse” for us (Galatians 3:13). His escape plan is however, not automatic, thus many families remain plagued by cycles of destruction passed down generation to generation. Let’s recognize what generational curses really are, take a look at an example of two very different families, and then we’ll briefly explore our own family trees.

Definition of a “Generational Curse”: *an uncleansed iniquity which gets stronger with each generation, affecting family members and those in contact with them. The Greek word for curse is “katara” (Strong’s Concordance 2671): what has to go down; liable to the appointed penalty.*

There is no better example of the power of generational blessings vs. the power of generational curses than the well-studied and documented family trees of Jonathan Edwards and Max Jukes. Jonathan Edwards was a Puritan preacher from the 1700s. He and his Christian wife, Sarah, left a remarkable Godly legacy through their eleven children. At night when Edwards was home, he would spend much time talking with his family and praying blessings over each child individually. An American educator and pastor, A. E. Winship, traced out Jonathan and Sarah’s descendants one hundred and fifty years after their deaths. Not to give all the credit to Jonathan, Winship states that, “Much of the capacity and talent, intensity and the character of more than 1,400 of the Edwards family is due to Mrs. Edwards.” From that same time period came an ungodly man, Max Jukes. He married a godless woman and their legacy became known when the family trees of forty-two different men in the New York prison system were traced back to this couple. Take a look at these two very different families which vividly represent the “two sides of the generational coin” as you just read in our theme verses.

A Cursed Family= A Cursed Tree
(Max & Mrs. Jukes)

|
|
|
7 murderers
60 thieves
190 prostitutes
130 other convicts
310 paupers
440 alcoholics
300 premature deaths

A Blessed Family= A Blessed Tree
(Jonathan & Sarah Edwards)

|
|
|
1 US Vice-President
3 US Senators
3 governors
3 mayors
13 college presidents
30 judges
65 professors
80 public offices held
160 doctors and lawyers
100 clergyman

Let’s put a Bootcamp phrase on this: **“RIGHT hand= Blessed Tree; left hand= cursed Tree”**

⁴ Jo Hancock, *His Vessel Ministries* ©

Time to get personal:

Your family tree probably has little resemblance to our vividly contrasting examples above, but more likely than not, the enemy has done some “stealing, killing, and destroying” in your family tree because of “uncleansed iniquities” from generations ago. This word iniquity means to bend or distort (the heart). There will be a bend or predisposition toward certain sins. This generational sin is a sin judgment which moves through families causing “patterns” of sin, disease, addictions, failures, etc. Picture in your mind a large tree. You can only see what is above the ground, but as you know, the health and strength of the tree is in the roots. The roots occupy way more territory than the above ground portion. This same principle applies in the spiritual. There are many Bible verses about trees, fruit, and roots. As the saying goes, “Show me the roots, and I’ll show you the fruit.” If there is a defect in the roots of a tree, the tree will not be completely whole or ever reach its full capacity. Diseased roots will cause diseased branches and diseased branches will cause diseased trees.

Praise God if you have come from a “Jonathan & Sarah” blessed tree on both sides. You should be well on your way to producing amazing fruit for Kingdom purposes. If you are like most, your family tree in comparison, is well, should we say, “somewhere between Edwards & Jukes.” Most of us will have a little root work and pruning to do when God shows us some things from our past. Before starting with a little tree exercise, please fill in the blanks below. The Bible is clear about God knowing and ordaining “your WHEN, your WHERE, and your TO WHOM.” We will never be able to wrap our finite minds around His infinite Sovereignty and His limitless love for us. This might be a great time to take a look at your thumb and remind yourself of exactly who you are.

1) Write Acts 17:26 _____

2) Write Jeremiah 1:5 _____

3) Before looking at the root system of your family tree, take a few minutes in prayer and reflection and make sure that there is absolutely no unforgiveness towards anyone, alive or dead. As you know by now, nothing can be quite as toxic or “curse producing” and “blessing blocking” as unforgiveness. ***Unforgiveness grants legal permission for demons to torment you.***

Write Matthew 18:32-35 _____

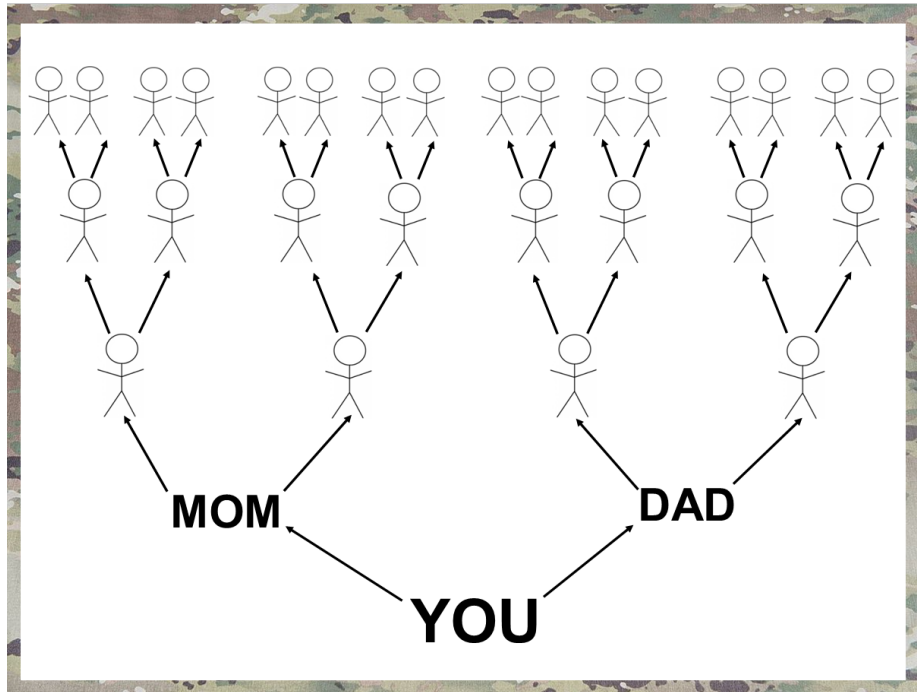
4) Share below any personal testimony concerning the toxic effects of unforgiveness in your family vs. the healing effects of forgiveness. _____

5) In your own words, ask God to guide you in uncovering any roots that may have led to cycles of sin or tendencies in the wrong direction for either you or your offspring. Thank Him for giving you Jesus who was “crushed for our iniquities” (Isaiah 53:5).

6) Unhealthy roots in your family tree (both your mother’s & father’s sides): Use the space below to write down any *patterns* of sin, disease, unhealthy habits, addictions, failures (marriage, financial, etc.), premature deaths, chronic infertility, unusual tendencies, etc. from each side of your family tree. Include parents, grandparents, great-grandparents and their offspring. Look for repeating patterns such as divorce, alcoholism, mental illness, “chronic incurable diseases,” etc. Anything that “slowly sucks the life out of you” is suspicious for a generational curse. Please hear that it is a “pattern” you are looking for. This is also a wonderful time to remind you of “The Three ‘You’ll Never Understand Verses” listed on p. 46.

Involvement with the occult affects the family tree. Some of the ways doors are opened are obvious, but many entry points are very subtle. Generational curses are also often passed down in complete ignorance through the joining of “secret societies.” Many sincere believers take vows and oaths that are unscriptural, thus cracking the door. Most of us do not know the affiliations of the majority of our family tree. Just a few of the hundreds of “secret societies” include Freemasonry, Eastern Star, Mormonism, Druids, and even some secret collegiate societies. Ask the Holy Spirit to show you anything that has previously been hidden. You can be the one God uses to break off generational curses in your family tree.

This is four generations:



+16 Great-great grandparents

+ 8 Great-grandparents

+4 Grandparents

+ 2 Parents

—————
= 30 people above you

Isn't it interesting that there is so much interest in ancestry in the natural? Although that can be very intriguing, what's paramount is for each of us to invest some time doing some business in the spiritual realm as it relates to these thirty people accounting for four generations above you. Word of warning: Don't go looking back to dig up stuff. Let the Holy Spirit be your guide into the truths He wants to reveal to you in this season. If you have a green light to ask relatives questions, you might be surprised to find out about involvement in secret societies, Freemasons for example. Most are totally ignorant of the demonic door this opens. Again, you don't have to ask questions; you simply stand in the gap in faith and pray. Recognizing the truth about generational curses is just the starting point. Of course, there is certainly no formula for God's deliverance from generational curses, but there is an order. You have recognized the truth and you are ready to take responsibility. When you pray you will repent and renounce on behalf of your family. The "generational curse breaking prayer" on the following page is a great starting point in dealing with "repeating patterns of sin" in your family line. You pray in faith but only righteous living will keep you free. There are no shortcuts. Praying is powerful and very needed, but always remember that the greatest spiritual warfare for your family tree going forward is obedience to all of God's Word. **Blessings flow from obedience; curses flow from disobedience.**⁵ It is time to reverse the curse. Let us never lose sight of who has all of this in His Hands and remember again that our minds cannot comprehend His ways. "I am the living one. I died but look—I am alive forever and ever! And I hold the keys of death and the grave!" (Revelation 1:18).

⁵ Jo Hancock, *His Vessel Ministries* ©

Breaking Generational Curses Prayer

(read out loud)

“Our Father in heaven, hallowed be your name. Your Kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For yours is the kingdom and the power and the glory forever (Matthew 6: 9-13).

Lord Jesus Christ, I know and I believe that You are who You say You are— the very Son of God, and the only Way to God. You died on the cross for me and all my sins, past, present, and future, and you rose again on the third day, and are seated at the right hand of the Father. I know who I am, Your child, fearfully and wonderfully made, and I know where I am, seated in the heavenly realms. I know what I have in You, and that is authority and power to overcome all the power of the enemy. You must increase; I must decrease. I know that I have been crucified with You Lord Jesus, and it is not me who lives, but You who lives in me. I know and I believe that the same power that raised You from the dead lives in me. I know and believe in the power of the blood of Jesus Christ. I know and I believe in the power of forgiveness. I know and believe that You have conferred on me a kingdom and that You have made me a priest to serve You.

I renounce all my sins and I turn to You Lord Jesus, for Your mercy and Your forgiveness, and I believe that You do forgive me. I want to live for You alone and I want to hear Your Voice and promptly obey. I want to obey the first commandment to love You with all my heart, all my soul, and all my strength. I know that blessings flow from obedience and that curses flow from disobedience. In order to receive Your blessings and be released from any curses over my life, I confess any known or unknown sins that I have committed, or that my ancestors or any related to me have committed (*add any personal details or names here as the Holy Spirit reveals them*).

Lord, I thank you and I believe that You have forgiven everything I have confessed, and I want to say that I have forgiven all persons who have ever hurt me or wronged me in any way. I forgive them now just as you have forgiven me. Specifically, I forgive and release... (*add any names here with any details as the Holy Spirit guides*).

Lord Jesus, I also renounce any contact by myself, or anyone related to me, with Satan or any occult power in any form, however innocent it may have seemed. I renounce the evil contact with any kind of secret societies. Forgive our family line for such abomination. I repent from joining in on anything that is not holy in Your eyes. I also repent of believing any evil vows spoken over me by family or others or myself. I also commit myself with Your help to remove anything from my home, business, or properties that honors Satan and dishonors You. With Your help, I will remove all unholy things as You show me. I will put no “vile” or worthless things before my eyes any longer.

By the authority of the name and blood of Jesus Christ, I now rebuke any and every demonic generational curse or evil influence over me and my family, and I declare that we are released from any trap of the enemy. I thank You Lord Jesus, that you have heard my prayer and every curse has been cancelled. Satan has no more claims against me or my family. I thank you Lord that from now on, as I walk in obedience, your blessings will come and overtake me. I ask now for a fresh infilling of Your Holy Spirit to do what only You can do. In the name of Jesus. Amen.”

Spend time now praying with your understanding and in the Spirit. Spend some time in personal worship. Allow Him to do whatever He wants. Listen closely. DO NOT RUSH. Use the space below to journal as He leads.

Time to wrap it up:

The “Generational Curses Breaking Prayer” is simply a sample prayer. The prayer was quite lengthy but the fact is it may have just scratched the surface of how the Father would have you pray. Principles of prayer are important. Forgiveness and repentance, renouncement and replacement are paramount, but there is no cookie-cutter prayer. The Holy Spirit will continue to guide you into all truth for you in this season as you continue to seek first His Kingdom and His righteousness. We have only scratched the surface of the depths the enemy goes to gain footholds into our lives and the lives of our children through uncleaned iniquities of past generations. There is always more to learn about God’s perfect redemption and freedom plan for each of us. Much of the time, if we do not understand something, we simply ignore it, or even worse we fight against it. **God wants you very aware of what we have covered.** To help you with this, included on the website at the end of Lesson 11 is a list of excellent teachings from very balanced and reputable pastors. Please be careful as you navigate any waters as it pertains to the demonic. There are lots of blood-thirsty sharks in those waters. Focus on Jesus, and drink from the streams where He leads. Remember, the Holy Spirit in you will guide you with absolute precision. Thanks for taking this journey into a subject that must be dealt with in every family. A Most High Five for allowing Him to teach you deeper truths and mainly, for continuing to “pray through” to your destiny. “From the days of John the Baptist until now, the kingdom of heaven has been forcefully advancing, and forceful men lay hold of it” (Matthew 11:12).

**Spiritual Bootcamp & More Lesson 12—
The Final Conclusion: Will You Stay in the RIGHT Camp?**

*Watch Lesson 12 video(s) on *spiritualbootcampandmore.com*.

Theme verse for completion of Bootcamp: “That’s the whole story. Now here is my final conclusion: Fear God and obey His commands, for this is everyone’s duty” (Eccles. 13:12, NLT).



The above photo representing the two opposing Kingdoms is filled with many of the truths covered these last twelve lessons together. You choose moment by moment where you walk. Notice how wide and flashy the kingdom of darkness (the world) is. Each of the crowded words there represent just some of the landmines it contains. Landmines are unavoidable in that very crowded but wide camp. It is the enemy’s territory and if you end up there through **sin, ignorance, things, people, places, or the past**, it sometimes takes a long time to get out. “The longer you stay, the longer you stay” is the mode of operation there, and the “ruler of this world”

or “prince of the air” wants you to stay “A.L.A.P.”= AS LONG AS POSSIBLE. If you find yourself there, either because of your own fault or no fault of your own, you must get out A.S.A.P. You have an arsenal within you. Your **RIGHT** hand crushes that nasty left hand at any given moment. Your faith must become activated. Faith must rise up in you and you must choose His exit strategy by using your personal weapons. This would be a good time to take a long look at both camps and let the Holy Spirit show you anything else He wants to as we close out our time together. Remember that He guides you into all truth in His timing with absolute precision. Nothing will cement truths into our minds more than repeating the pure Word over and over because it is indeed alive and sharper than a double-edged sword (Hebrews 4:12). We started Bootcamp twelve lessons ago with scriptures and a picture of the right hand. Let’s end in a similar fashion with a lot more verses about hands, especially the RIGHT HAND. A right handed “Most High Five” as you meditate on these verses.

Isaiah 41:13 “For I am the LORD, your God, who takes hold of your right hand and says to you, Do not fear; I will help you.”

Exodus 15:6 “Your right hand, LORD, was majestic in power. Your right hand, O LORD, shattered the enemy.”

Exodus 15:12 “You stretch out your right hand, and the earth swallows your enemies.”

Judges 5:26 “Her hand reached to the tent peg, her right hand for the workman’s hammer. She struck Sisera, she crushed his head, she shattered and pierced his temple.”

Psalms 21:8 “Your hand will lay hold on all your enemies; your right hand will seize your foes.”

Psalms 63:8 “My soul clings to you; your right hand upholds me.”

Psalms 73:23 “Yet I am always with you; you hold me by my right hand.”

Psalms 121:5 “The LORD watches over you— the LORD is your shade at your right hand.”

Psalms 118:16 “The LORD’s right hand is lifted high; the LORD’s right hand has done mighty things!”

Psalms 139:10 “...even there your hand will guide me, your right hand will hold me fast.”

Mark 16:19 “After the Lord Jesus had spoken to them, he was taken up into heaven and he sat at the right hand of God.”

Ecclesiastes 10:2 “The heart of the wise inclines to the right, but the heart of the fool to the left.”

Proverbs 7:3 “Bind them on your fingers; write them on the tablet of your heart.”

Revelation 1:17 “When I saw him, I fell at his feet as though dead. Then he placed his right hand on me and said: ‘Do not be afraid, I am the First and the Last.’”

Revelation 13:16 “It also forced everyone, small and great, rich and poor, free and slave, to receive a mark on their right hand or on his forehead...”

If you have been all in with Bootcamp for twelve lessons, diligently meditating on the Word and kicking out the enemy's lies with His truths, your right hand should "look way bigger and more powerful" to you than it was before we started this journey together. If this describes you, praise God! Go, empowered by His Love and let your right hand do amazing things. If for a number of reasons, some in or out of your control, this has not been your experience, it's certainly not too late. God can restore in an instant! There is no better story in the Bible to illustrate this than starting in Luke 6:6, "On another Sabbath he (Jesus) went into the synagogue and was teaching, and a man was there whose *right hand was shriveled*...Jesus said to the man with the shriveled hand, 'Get up and stand in front of everyone.' So he got up and stood there...and then he said to the man, 'Stretch out your hand.' He did so, and his hand was completely restored."

No matter how you see your hand, gigantic or shriveled up, stand up now in the Presence of Jesus and stretch it out to Him. Give Him your right hand; give Him all of you again and watch what He does. Stretch your life out upon His altar. He loves you more than you could possibly imagine. Let His Love wash over you. Spend some time praising Him for all He has done and is doing in your life. Be still and listen for His still small Voice. Use the space below for any personal journaling or prayer of thanksgiving or commitment.

Time for Transparency/Small Group Testimony Time:

Before beginning this section, please remember the following scripture: "For the testimony of Jesus is the spirit of prophecy" (Revelation 19:10). The testimony of what Jesus has done for you can be a word of prophecy for someone else.

Use the space below to share your personal "Bootcamp highlights" or anything He prompts you to share during this last Bootcamp session together.

Next steps:

As we conclude our time together, let's remember that God is a God of not just order, but of "next steps" for each of us. "The steps of a good man are ordered by the Lord" (Psalm 37:23, NKJV). There are always "next steps" that each of us need to take physically, spiritually, emotionally, and mentally. Again, your perfect guide, the Holy Spirit will guide you with absolute precision if you will simply ask, then promptly obey. There is no neutral in spiritual growth. How is He wanting to grow you even more? Ask for specifics and His action plan. Ask for "additions" and "subtractions" and remember that God's math is different. Often, He subtracts to add, and divides to multiply. Use the space below to write any "next steps" He is speaking.

What a joy to have taken this Bootcamp journey with you. Our prayer is that you are much stronger in your faith and that you will continue to walk from "strength to strength" (Psalm 84:7). Take a look at your **RIGHT** hand finger by finger, and never forget what you have learned: you know **WHO YOU ARE, WHERE YOU ARE, WHAT YOU HAVE, & WHAT TO DO—HE MUST INCREASE; i must decrease**. We are praying for you to not just consistently, but to promptly crush that nasty left hand with your **RIGHT** hand, each and every time the enemy crouches at your door. *You have not been in Bootcamp by accident.* Our final prayer is that you will pass the Spiritual Bootcamp baton in some way. When you grow the Kingdom within, it just naturally will grow outwards. We are all called to advance His Kingdom according to how He has uniquely formed and gifted each of us. We hope you don't leave simply thinking that Bootcamp was an effective small group. Bootcamp should become a way of life because it is meant to be a mindset. Some of you will be led to teach these simple Bootcamp drills/phrases to your children or friends or co-workers. When you become confidently equipped, it then becomes time to help equip others. Remember, "Whatever He says, just do it!" (John 2:5). You have been armed one finger at a time, and you are ready for whatever He has in store for you. You will fulfill your purpose and destiny as you walk forward in faith step by step. What an honor it is to grow God's Kingdom together. You are uniquely made for "such a time as this." Congrats on a job well done. See you around in the **RIGHT** camp! A sincere and "Most High Five" to you.

For the Kingdom,
Your Bootcamp Coaches
Psalm 18:34 "He trains my hands for battle."

THIS IS WHO _____ IS.

I AM A CHILD OF THE KING	GALATIANS 3:26
I AM LOVED	ROMANS 5:8
I AM CLEAN AND FORGIVEN	COLOSSIANS 1:13-14
I AM HOLY	1 PETER 1:16 (MSG)
I AM A CITIZEN OF HEAVEN	EPHESIANS 2:6
I AM MORE THAN A CONQUEROR	ROMANS 8:37
I AM FREE	ROMANS 8:1-2
I AM HEALED	ISAIAH 53:5
I AM A WORSHIPPER	JOHN 4:23
I AM SPIRIT-FILLED	1 CORINTHIANS 3:16
I AM FRUIT-FILLED	GALATIANS 5:22-23
I AM GIFTED WITH SPIRITUAL GIFTS	1 CORINTHIANS 12:7
I AM FULL OF POWER	2 TIMOTHY 1:7
I AM COMPLETE IN HIM	COLOSSIANS 2:10
I AM SALT AND LIGHT	MATTHEW 5:12-14
I AM GOD'S WORKMANSHIP	EPHESIANS 2:10