

**“In with the Good; Out with the Bad!:** The Rapid Transformation of Cooper  
(Scriptures below to supplement the above short video)

- 1) Matthew 6: 9-13 (The Lord’s Prayer is a perfect model of “In with the Good (Praise, His Kingdom; His Will; daily bread; forgiveness); Out with the Bad (deliverance from sin/evil) (Good Kingdom [of Light] IN; Bad kingdom [of darkness] OUT!)
- 2) Proverbs 3: 7-8 “Do not be wise in your own eyes; fear the LORD and shun evil. This will bring health to your body and nourishment to your bones.”
- 3) Proverbs 4:20-22 “My son, pay attention to what I say; turn your ear to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to one’s whole body.”
- 4) Psalms 119: 11 “Your word I have hidden in my heart, that I might not sin against you.”
- 5) Romans 10:17 “So faith comes from hearing, and hearing through the word of Christ.”
- 6) James 1:21 “Get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you.”
- 7) Hebrews 4:12 “For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.”
- 8) James 4:7 “So humble yourselves before God. Resist the devil, and he will flee from you.”
- 9) Psalms 8:2 “Through the praise of children and infants you have established a stronghold against your enemies, to silence the foe and avenger.”
- 10) Jude 20 “But you, beloved, building yourselves up on your holy faith, praying in the Holy Spirit..”
- 11) Romans 12:2 “Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is-his good, pleasing and perfect will.”

**So, in summary when you meditate on these scriptures you can see that . . . . . >**

***IN WITH THE GOOD:*** The Word; Prayer (in English and in the Spirit); Praise; Humility (Surrender); Fear of the LORD

***OUT WITH THE BAD:*** sin, evil, moral filth, conformity to the world

***RESULTS IN:*** Life and health; nourishment to your bones; faith; salvation; transformation-a renewed mind; knowing God’s perfect will for you with the desire and power to fulfill your destiny!